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VOLUME 15, NUMBER 57

WEDNESDAY, AUGUST 5, 1998

FIFTY CENTS

Pollution still high and vehicles take the blame

But new measures may improve the air we breathe

Air under microscope

While the Metro East is a diverse group of communities, we all share the same air.

With that in mind, the Journal Newspapers of Southern Illinois are exploring the issue of our area's air quality through a four-week series called "Breathing Easier."

We hope that this in-depth review of the factors contributing to poor air quality will improve our knowledge about the impact of air pollution on our region and its impact on what can be done to improve the situation.

Transportation, industry, agriculture and health will be among the topics explored.

As always, we encourage Journal readers to contact us with comments and opinions.

By Scott Cousins
Staff writer

When it comes to air pollution, it's easy to look at those big smokestacks and point your finger.

But if you happen to be driving by in your car, then the shame is on you, too.

Vehicle heavy industry is a major factor in the region's air pollution, vehicle emissions account for even more pollution.

Since the 1990 amendments to the Clean Air Act, the St. Louis region has been categorized as a moderate ozone non-attainment area.

"One of the requirements of that law was to classify major metropolitan areas into five non-attainment areas," said Mike Coulson, manager of environmental services for the East-West Gateway Coordinating



Council.

The council serves as the lead planning agency for air quality in the St. Louis region.

The U.S. Environmental Protection Agency has five levels of non-attainment: marginal, moderate, serious, severe and special severe and extreme.

Coulson said there is only one "extreme" area in the entire country — South of California, including Los Angeles. Chicago is considered a "severe" non-attainment area.

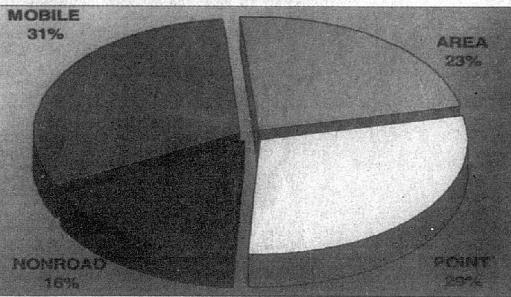
"St. Louis is actually in the middle," he said.

"There are more communities classified as moderate as any other classification."

As a moderate non-attainment area, the region had until this year to reduce hydrocarbon emissions by 15 percent.

"We were to attain the standard by

See AIR, Page 2A



American Lung Association chart
This graph shows 1990 hydrocarbon emissions. Mobile sources include all vehicles. Off-road sources include aircraft, railroad, farm, lawn and other small machinery. Point sources are large stationary industrial and manufacturing. Area sources are small businesses, open burning, barbecuing, refueling, paint and others.

Girl's body found in park

By Scott Kelly
Staff writer

A St. Louis girl declared missing Sunday morning was found murdered the same day in Horseshoe Lake State Park.

Fishermen called the Madison County Sheriff's Department at 6:35 p.m. Saturday to say the body had been found floating in the lake in the northern end of the park. The body was positively identified as Selma Djuricovic, 11, of the 4200 block of Ellenton Ave. in St. Louis.

Lt. Leonard Shure of the Sheriff's Department is investigating her death. The Major Case Squad in investigating her death, and authorities are calling the death a homicide.

The Madison County Coroner's Office was conducting the autopsy Monday, and results were unavailable at press time Tuesday morning. Few details of how she was killed have been released as of press time, but sources have said she was shot in the head and was clad in panties. Authorities did not know yet whether she had

been sexually assaulted.

Lt. Leonard Shure of the Madison County Sheriff's Department said police questioned a man arrested for the same homicide, but the Major Case Squad would not release any details on a suspect or suspects as of Monday.

It was unknown whether Selma was killed in the park or killed elsewhere and then brought to the lake.

Selma apparently vanished from her home sometime late Saturday night or early Sunday morning. Her mother, Ulfata Dujanovic, reported her missing and the back door ajar before 9 a.m. Sunday, authorities said. Her daughter had gone to bed around 11:11 p.m. in the bunk bed she shared with her 18-year-old cousin.

Police canvassed the south St. Louis area Saturday and Sunday, and although at first police did not suspect foul play, St. Louis Police Chief Ron Henderson gave the go-ahead to homicide.

Anyone with any information may call the Sheriff's Department at 692-0871 or the 24-hour anonymous tip line at 692-1140.



Music festival thrives

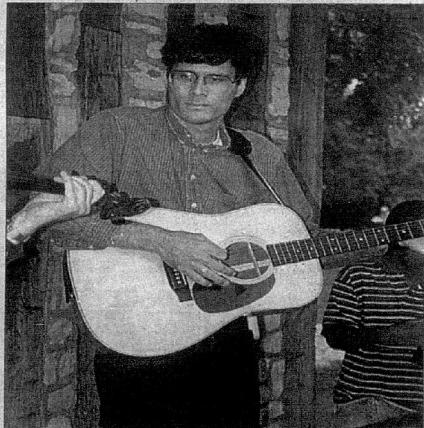
By Jason White
Staff writer

Rain failed to pull the plug on the seventh annual Old Towne Music Fete, an all-acoustic music festival at the Cahokia Courthouse last Sunday.

Organizers were improvising all day to deal with the wet weather.

CAHOKIA

Cahokia Courthouse Site Manager and event organizer Molly McKenzie said, "We had quite a bit of rain,



Mike Viola photos
Charlie Poole, top photo, of the group Raven Moon plays the fiddle as his counterpart, Gen Obata, accompanies on guitar, above.

Granite City Journal

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FULLER'S FORECAST
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John Fuller, Meteorologist, KSDK News Channel 5

WEATHER EXTREMES

AUGUST

Wettest: 14.8" in 1946

Driest: .07" in 1873

Warmest: 84.9 in 1947

Coolest: 70.4 in 1915

Highest Wind Speed: 72 mph. in 1878



See FESTIVAL, Page 5A

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See OPENING, Page 5A

Opening of bridge pushed to early '99

By Scott Cousins
Staff writer

Construction delays have forced Trailnet Inc. to postpone the opening of the Old Chain of Rocks Bridge.

The group is renovating the bridge, leased from the city of Madison, into what they say will be the world's longest pedestrian bridge.

The first phase of the project — basic repairs and safety features — was expected to be done by Sept. 26. "We are going through the construction process with the Missouri Department of Transportation, and it's taking a little longer than we anticipated," said Karlene McAllister, project manager for the bridge.

Still awaiting completion are curb repairs, fencing and painting and cleaning rails. "It's not quite finished yet until spring 1999," she said.

The second phase includes amenities. Much of the funding for the second phase will come from the new transportation bill.

As part of the bill, U.S. Sen. Kit Bond, R-Mo., included \$2 million for the second phase of the bridge. "The money must be matched locally."

The \$2 million was among \$8.5 million for Metro East trail projects included in the recently passed transportation bill, which was signed by President Bill Clinton.

When the \$3.4 million renovation is completed, the bridge is expected to be the country's second-longest 100-mile long trail system on both sides of the river known as the Confluence Greenway. Although the grand opening has been delayed, McAllister said Trailnet would be having a preview day at the bridge Sept. 26.

Laura Cohen, project

See OPENING, Page 5A

Expanded auto emissions check will cut pollution

By Mark Hodapp
Staff writer

Automobile emissions inspections will soon become mandatory for motorists in Collinsville, Belleville, Fairview Heights and O'Fallon and nearby communities.

The inspections are currently required in 16 ZIP codes. Among them are Alton, Cahokia, East St. Louis, Granite City and Wood River.

But starting sometime between December and June 1999, 300,000 motorists in 32 ZIP codes are expected to face the inspections once every two years. Among them are Belleville, Collinsville, Fairview Heights, Maryville, O'Fallon, Scott Air Force Base, Shiloh, Silvis and Troy.

Illinois Environmental Protection Agency spokesman Julie Nephoschlan said motorists who live in ZIP codes 62025, 62206, 62034, 62205, 62208, 62220, 62221, 62222, 62223, 62224, 62236, 62269 and 62294 will be required to have emission tests after new testing stations are built and open.

The new stations are being built in such places as Belleville, Chicago, Collinsville and Glen Carbon. The Collinsville station is to open next month.

The existing station in Mitchell is also being remodeled. It was closed July 14; the remodeling, expected to take five months, will accommodate new equipment needed for the enhanced emissions tests.

Motorists in several areas are required to have their cars also be required to take the emissions test. Included will be all of Lake County and parts of McHenry, Kane, Kendall and DuPage counties.

According to the EPA, the enhanced emissions test will more accurately measure emissions from today's computer-controlled vehicles.

The exhaust test will measure emissions of hydrocarbons and carbon monoxide.

Hydrocarbons and carbon monoxide contribute to the ground-level ozone, Nephoschlan said.

Approximately 40 percent of ozone-forming hydrocarbon emissions from vehicles are caused by evaporating gas, she said.

She pointed out the tests

are needed because the Metro East has been designated as having an ozone problem by the EPA.

It is estimated that once the new emissions tests are in place, there will be 91,400 fewer tons of carbon monoxide placed in the Metro East's air each day, Nephoschlan said.

That would be a 35.6 percent reduction, she said.

People who live in all of the new testing areas will be assigned a month throughout the first, two-year period for the test.

There will also be several weeks notice given before people will be required to have their cars tested, Nephoschlan said.

Like the current testing areas, motorists who have cars with a 1968 to 1980 model year will be required to take the current idle test.

Motorists and newer cars and trucks will be subject to the enhanced test, Nephoschlan said.

"Heavy duty trucks and many four-wheel drive and all-wheel drive and traction control vehicles will continue with the idle test," she said.

There will also be several exempt vehicles from the test, such as older and older vehicles, vehicles registered as an antique, diesel vehicles, farm vehicles, show cars, ceremonial vehicles and motorcycles.

According to a 1993 study compiled by the EPA, it's estimated that the average vehicle that fails the initial emissions test will cost \$150 to repair.

Robert Eck, owner of Eck Auto Service in Collinsville, said the tests are needed. He said that most of the cars brought to his shop are either 10 to 15 years old or in dire need of attention.

"People don't care about how much pollution they put out," he said.

John Stock, owner of Stock's Underhood Auto Specialists Inc. in Belleville, said he has mixed emotions about the testing requirements.

On one hand, the emission tests are needed because many people fail to give their cars regular tune ups, he said. Stock said that can be problematic for an auto service technician who fails to educate consumers about car tuneups.

"If the industry would have taken responsibility for this, we wouldn't need the state to say it's time to clean up emissions," he said.

Air pollution in area remains high

Continued from Page 1A

1998, which we failed to do, so we are faced with the possibility of an upgrade from moderate to severe," Coulson said.

That could mean the loss of highway funds and tighter regulation of industry, stalling economic growth, he said.

"There would be more restrictions on companies trying to relocate here or trying to expand operations," he said.

To keep tabs on the region's air quality, 16 monitors are in place on both sides of the river.

Illinois air monitors are in Alton, East St. Louis, Maryville, Edwardsville and Wood River.

Vehicle emissions account for about 31 percent of hydrocarbon emissions.

According to a 1993 study by the council, there are three ways to reduce vehicle emissions: cleaner fuel, enhanced vehicle inspection and enforcement and traffic control measures.

The solution for emissions reduction in both Illinois and Missouri included all three methods.

In Missouri, reformulated gasoline will be required as of June 1, 1999. Coulson said this could cut hydrocarbon emissions by as much as 30 percent.

"This gas is not only less evaporative, it also burns cleaner, it kind of gives you a cleaner burn," Coulson said.

Another benefit is that the improvement will be "almost instantaneous" and will also affect pollution from lawn mowers and other

gasoline-powered tools.

"I think you'll see a significant improvement in the air quality," he said.

However, reformulated gasoline is higher in price and does not perform quite as well as regular gasoline.

According to the 1993 study, reformulated gasoline will cost about 6.4 cents per gallon more, for a total cost increase of \$51 million per year.

However, according to the study, the \$51 million is far less than the \$65 million in additional hydrocarbon controls that would be required of small companies and businesses throughout St. Louis if the reformulated gasoline program is not adopted.

Missouri also requires gas stations to have vapor recovery systems.

In Illinois, the study recommended requiring reformulated gasoline at the Reid vapor pressure. RVP is a way of measuring gasoline's tendency to evaporate.

Missouri had already required gasoline with a lower RVP, so the cost on pollution would not be as great, if feasible.

Another factor in Illinois was the large barge fueling and loading operations on the Mississippi River.

Coulson said a major source of hydrocarbon emissions were

the refining complexes near Wood River.

However, a combination of better controls and the closing of the Alton refinery has brought these numbers down.

"For years the Edwardsville monitor was one of the highest reading monitors, and now that's just not the case. That's a part of the story that has been left untold, there has been dramatic improvement in air quality since the 1980s."

Mike Coulson

congestion increases hydrocarbon emissions dramatically because idling cars produce more pollution.

Mass transit and car sharing can also reduce pollution.

RideFinders, operated by the Madison County Transit District, was developed as part of the effort to reduce auto emissions.

Since its inception four years ago, carpool and vanpools have accounted for the elimination of more than 26.5 million miles of travel and almost 600 tons of pollutants, according to figures provided by RideFinders.

At that time, the number of carpoolers rose to 1,233 from 32, with the number of participants rising to 3,029 from 85. Vanpools increased to 34 from 17, serving 357 people, up from 182.

However, Coulson said the amount of pollution reduced by better traffic control and mass transit in the St. Louis area is minor when compared to cleaner fuel and improved vehicle inspection.

However, he noted that there were other benefits to such programs.

"You're saving energy, you're saving a tremendous amount of money," he said.

"There are a whole bunch of social benefits."

Overall, Coulson said the region has done well in controlling pollution, but more needs to be done because as the suburbs expand, the need for transportation increases.

"We're doing pretty good, but the problem is that even when we make advances, it's offset because people keep driving," he said.

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Upside to pollution problem: more money to deal with it

By Scott Cousins
Staff writer

While exceeding air quality pollution standards can place the St. Louis region in danger of losing federal highway dollars, being in a moderate non-attainment zone also means more dollars are available to deal with the problem.

The money comes from the multi-year transportation bills. A new bill was recently passed by Congress and signed by President Bill Clinton.

In the last six years, Southwestern Illinois has received approximately \$13.5 million in congestion mitigation air quality funds from the Federal Transportation Agency, said Ron Tedesco, urban planning coordinator for the Illinois Department of Transportation's District 8 in Collinsville.

The Chicago area also receives CMAQ funds. Because that region has a larger population base and the air pollution problem is greater, the Chicago area is seen as a non-attainment area, as opposed to Southern Illinois' moderate rating. Northern Illinois received approximately \$268 million over the life of the bill.

CMAQ funds are used to make improvements to traffic systems to help reduce the number of vehicles on the road or reduce congestion.

"We're pretty sure there is going to be more funding with this transportation bill than the last one, but the numbers are not final as far as we know."

Ron Tedesco
IDOT urban planning coordinator

Projects include park-and-ride lots, bus acquisition, the RideFinders program and bike trails and improvements.

"We're pretty sure there is going to be more funding with this transportation bill than the last one, but the numbers are not final as far as we know."

In the Southwestern Illinois region, Tedesco said, much of the money went towards enhanced inspection maintenance.

The state is expanding both the area and scope of its vehicle maintenance program.

The Madison County Transit District also received much of the CMAQ money allocated for the region.

MCT Managing Director Jerry Kana said MCT's projects included the purchase of new buses, a park-and-ride lot in Collinsville and the RideFinders program.

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Clean kids

The Maranatha School of Martial Arts held a car wash Sunday at O'Brien Tire and Service Center on Nameoki Road as part of Chuck Norris' Kick Drugs Out of America program. The school, open to all ages, adults and children, presently meets at the YMCA and is owned by Tim and Stacy Hillis of Granite City. Above, students from the school scrub a car. At right, Justin Kerber rinses soap from the hood.



Shirley Valencia photos

Free screenings set

A free cholesterol screening will be offered at the UrgiCare Center at St. Elizabeth's Medical Park, 1000 North Green Mount Road in O'Fallon, from 9 a.m. until noon on Aug. 4, 11, 18 and 25. No appointment is needed. Each person will receive immediate results and a free consultation.

Those who have abnormal test results or a history of high cholesterol will be encouraged to see their physicians.

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Three focuses on staying quit. Skills to help
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develop an exercise program and eat healthy
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On-line grocery shopping now offered in Metro East

By Becky Garrison
Staff writer

Metro East Internet users can now buy groceries online, leaving their homes.

An on-line service for home delivery is now available through Schnucks' home page at www.schnucks.com.

The on-line service was introduced in June 1997 in Missouri. Scott C. Schnuck, president of Schnucks, said the company, Schnucks, said he's excited to expand the on-line service to customers in the Metro East.

Users will need an IBM-compatible computer (386 system minimum) with Microsoft Windows software, Macintosh computer users with access to the Internet also can use the site.

Payment can be made by credit card or by providing a personal check upon delivery. Coupons are not accepted with the on-line service.

Delivery is available seven days a week, with a delivery charge of \$12.95 for same day and \$9.95 for next day delivery. J.S. Express,

a courier company, will handle shopping and delivery and will wear Schnucks Express Connection shirts for identification.

Metro East citizens with computers and dial-up lines from the Schnucks Swansea store at 2865 N. Illinois and the Edwardsville store at 2222 Troy Road.

Larry Maggio, director of marketing services for Schnucks, said the leading grocery store is a member of two-income households stretched for time.

"Senior citizens also use the service a lot," Maggio said. "That number would probably be higher if more seniors had computers."

Delivery, known as Schnucks Express Connection, will be available to customers in Alton, Belleville, Bethalto, Cahokia,

Caseyville, Collinsville, Columbia, Cottage Hills, Dupo, East Alton, East Carondelet, West Alton, Edwardsville, Edwardsville, Glen Carbon, Granite City, Hartford,

Highland, Madison, Maryville, Millstadt,

O'Fallon, Roxana, Smithton, South Roxana, St. Jacob, Troy, Venice, Waterloo and Wood River.

Mailed disc causes computer trouble, police warn

Computer users who received a 3 1/2 inch floppy disk in the mail labeled "Windows 98 Sneak Preview" are being cautioned not to load the program to their computers.

Columbia Police are investigating a complaint from a resident who received a disk in the mail. When the disk was loaded into recipient's computer, the start-up programs were deleted from the system. It is believed the disks can do further damage and contain a computer virus, police said.

Instructions on the disk

leads users to a business website. When police contacted the business on the website, officials there were unaware of an offer that was proposed on the disk.

This led police to believe that the disks were designed to intentionally damage or attack a user's computer system. There is no other indication in the mailing concerning the disk's source.

Columbia Police Chief Gene Henckler said the disks were mailed in brown

envelopes and had computer-generated address labels.

No return address was shown. Approximately 50 of the disks were apparently entered into the mail July 21 in Columbia.

Anyone who receives an envelope in the mail fitting the description of the disks mailed in Columbia is asked to keep the piece (unopened, if possible) and notify the Columbia Police Department at 281-5151.

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Obituaries

Dolores Eubanks
DOLORES M. (SUVA) EUBANKS, 73, of Granite City died Thursday, July 30, 1998, at St. Elizabeth Medical Center in Granite City.

Mrs. Eubanks was born March 1, 1925, in Granite City. She was a graduate of Granite City School District 9 as a counselor and was a member of the Presbyterian Church, the past president of River Bluff Girl Scout Council.

Survivors include her husband, George Eubanks, of Granite City; one son, Edward Eubanks of St. Peters, Mo.; one daughter, Peggy Williams, of Granite City; one brother, Esther Suva of Granite City; granddaughters, Tracy Whitlow of Elgin, Mo., and Ashley Williams of Wood River; and three step-children, Teresa King, Melany Willis and Jennifer Willis, all of St. Louis; and seven great-grandchildren.

Services will be at 10 a.m. today, Wednesday, Aug. 5, at Thomas Mortuary in Granite City with the Rev. Dr. Lewis Trotter officiating. Burial will be at Colonial Hills Memorial Estates in Glen Carbon.

Memorials may be made to the First Presbyterian Church.

Murline Foster
MURLINE M. FOSTER, 72, of Granite City died Thursday, July 30, 1998, at St. Elizabeth Hospital in Granite City.

Survivors include two daughters, Mary Foster of Madison and Faye Foster of Venice; one sister, Mildred McCollum of Elgin, Ill.; four grandchildren; and several nieces, nephews and cousins.

Services were Monday, Aug. 3, at Southside Methodist Church in Madison with the Rev. Edward Williamson officiating. Burial was in Sunset Gardens of Memory in Madison.

Memorials may be made to St. John's United Church of Christ.

Sarah Mize
SARAH MIZE, 50, of Granite City died Monday, Aug. 3, 1998, at St. Elizabeth Medical Center in Granite City.

Ms. Mize was born Jan. 26, 1948, in Granite City. She was a nurse aide at Colonial Care Nursing Home in Granite City.

Survivors include her sons,

Arrangements were handled by Chapel Funeral Home Metro East Chapel.

Nellie Gowin

NELLIE PEARL (RICHEY) GOWIN, 93, of Granite City, died Monday, Aug. 3, 1998, at Burgess Square Retirement Community in Westmont. She was born Feb. 6, 1905, in Otter Creek Township.

Mrs. Gowin was a homemaker. She lived in Granite City for 60 years before moving to Westmont. She lived for 10 1/2 years as a Protestant, she was a member of St. John's United Church of Christ in Granite City.

Survivors include her daughter, Beverly Krause of Darien; two grandsons, Eric Krause of Granite City and Kevin Krause of Mount Prospect; three great-grandsons, Cari and Neil Krause, both of Downers Grove, and Kevin Krause of Mount Prospect; two sisters, Iva Osburn of Jerseyville and Alice Parr of Savanna; and several nieces and nephews.

She was preceded in death by her husband of 58 years, George Gowin, whom she married in 1940; her son, George Gowin, Jr.; and Elizabeth (Springfield) Richey.

Services will be at 10 a.m. Thursday, Aug. 6, at Thomas Mortuary with the Rev. Alan Trotter officiating. Burial will be in Sunset Hill Cemetery in Glen Carbon.

Memorials may be made to St. John's United Church of Christ.

Lucy C. (Givens) Testerman, 90, of Granite City died Friday, July 31, 1998, at St. Elizabeth Medical Center in Granite City.

Ms. Testerman was born Dec. 9, 1907, in Quincy, Ill. She was a homemaker and a member of the First United Methodist Church.

Survivors include her son, Marshall Testerman of Granite City; two daughters, Shirley Givens of Maywood, Ky., and Wilma Givens of Maywood, Ky.; one grandson, Michael Testerman of Granite City; one great-grandson; and a great-granddaughter, Courtney Testerman.

She was preceded in death by her husband, William Testerman; and her son, Herschel and Florida (Anderson) Givens.

Services will be at 10 a.m. Saturday, Aug. 1, at Granite City First United Methodist Church.

Memorials may be made to the Dewey Avenue United Methodist Church.

The Journal will publish obituaries up to two weeks following the funeral service. Although most obituaries are received from local funeral homes, obituary notices can be sent to the newspaper at 1815 Delmar, Granite City, IL 62040.

Memorials may be made to the Dewey Avenue United Methodist Church.

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Wreck victim was trapped for hours

Local woman had only minor injuries

By Paul A. Brinkmann
Staff writer

A Granite City woman crashed into woods July 29 along Illinois 111 and spent more than five hours upside down in her car before being rescued with minor injuries.

Police said an hour later, Tomlinson, 31, of Roxana, was still tangled in her seat belt when they found her at 6:15 a.m. She said she crashed at about 12:30 a.m.

"The victim had been there for an extended period of time and did not know her exact location," said South Roxana Police Chief Dennis Carpenter.

Tomlinson, 31, said she was disoriented and could not find her cellular phone at first. She finally found it in the light of dawn and called her son, who dialed 911 and gave police Tomlinson's number.

She had no idea where she was at on Illinois 111, police said.

An Illinois State Police trooper called Tomlinson and drove up 111 with his siren sounding.

"The dispatcher was able to lead the trooper based on Tomlinson's saying, 'Hey, I hear it louder, louder. It's getting closer,'" Carpenter said.

Emergency workers broke a window and lifted Tomlinson out on a backboard. She was treated and released Wednesday at Wood River Township Hospital, a spokesperson said.

Roxana police Chief Richard Farthing, whose agency is filing the official report on the crash, said Tomlinson will not be charged in the incident.

Police said Tomlinson appeared to have been driving north on Illinois 111 based on evidence at the scene.

However, she told authorities she had been driving south and was forced to swerve to avoid hitting an oncoming vehicle that had crossed into her lane.

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Director of Clinical Research

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Area

By Christine
Correspondent

A Fairmont
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car parked.

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Area man drives into train

By Christine M. Farmer
Correspondent

A Fairmont City man who drove into a train Wednesday told police he did not see the crossing gate. He said he did not think it.

Lloyd Rudd, 51, was driving a 1988 Ford Escort west in the 6400 block of Collinsville Road when he struck the lead car of the train at 4:54 p.m. at the

"It was his lucky day because he hit the locomotive where the wheel assembly is and that spun him around."

Mark Ostendorf

Alton and Southern Railroad tracks.

"He said he didn't notice the gate and went right through it," said Patrolman Mark Ostendorf. "It was his

lucky day because he hit the locomotive where the wheel assembly is and that spun him around. Then the rear of his car struck the fuel tank and that knocked him back to the east lane of Collinsville Road."

Police said Rudd was fortunate that he struck the train where he did, otherwise his car would have gone underneath it and would have been dragged.

Ostendorf said Rudd, who was driving in the right-hand lane, passed two vehicles that were stopped for the train in the left-hand lane before he drove through the gate. He added that the accident did not appear to be alcohol related.

Rudd was treated at Memorial Hospital in Belleville and released several hours later.

Gardening Tips from the experts at **FRANK'S®** NURSERY & CRAFTS

Where Beautiful Things Begin

August, with its famous "dog days," has a tendency to lessen the activity in the garden somewhat, but it shouldn't. Heat and humidity or not, things still need to be weeded and watered. That is, if you want your landscape and garden to be healthy and look their best.

During the hottest part of the summer, however, play it safe and don't overdo it. It's never a good idea to be out in the hot sun for too long. Your best bet: Try to perform gardening tasks in the morning or wait until the evening.

The moisture needs of your plants must be given special attention. As we've said before, an inch of water a week is what most need, lawns included.

Whenever possible, apply a mulch of some sort. If you cannot, at least cultivate the soil surface. It becomes more difficult for water to soak into the soil if a crust is allowed to form on the surface.

As plants become taller or top-heavy, stake them to prevent possible wind damage.

Don't allow annuals and roses to go to seed if you want them to continue blooming longer. When removing spent rose blooms, cut back to the first set of leaves that has five leaflets.

As vegetables mature, pick them so younger ones will develop and your overall yield will be greater.

If you planted melons and they're beginning to mature, place a piece of metal or wood under them to prevent wire worm injury or rot.

Plant late season crops now. Try beans, peas and radishes. They're fast growers that will be ready before the frost hits. Spinach and lettuce are also good because they'll be less likely to bolt when grown during cooler weather. The term "bolt" means to flower or produce prematurely.

When the weather's hot, sow seeds deeper than you

would in the spring. Also, keep a close watch for insects, which are firmly entrenched now and would love to gorge on a nice tender seedling.

Show annual ryegrass in garden beds that become vacant and will not be used until next year. The grass will prevent nutrients from being leached out of the soil, add humus, and will improve the soil's texture.

As early apples begin to ripen, pick ones from the top of the tree first. These will be ready before the fruit on lower branches. Pick early varieties before they become fully ripe, since they do not store as well, nor will they last as long on the tree after they're ripe.

If you haven't given your lawn mower a once-over since you first hauled it out in spring, now's a good time. There are many more mowings before putting it away. The blade could definitely stand to be sharpened and balanced. Dull mower blades rip the grass; sharp ones slice it cleanly. An out-of-balance blade can cause your mower to vibrate like a jackhammer.

Take photos of your landscape. Make notes of any changes you wish to make. If you have access to a scanner and computer with a photo program, it's a fabulous way to plan, design and make changes to a landscape. Even if you don't have the computer, the photos will help you visualize what will look good where.

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Auditor refutes accountant's findings

Madison County Auditor Fred Bathon is calling allegations that faulty accounting improperly led to the decision to close the county's two care homes.

In two page letters

addressed to County Board

members, Bathon said an

outside accountant's review of

the ledgers for the homes

showed a lack of understanding

of government accounting and

forecasting procedures.

At issue is a study released

last week by Curtis Reckmann

of Edwardsville, an accountant

who has been involved with

the County Homes Action

committee attempting to keep

open the Madison County

Sheltered Care Home and

Nursing Home in

Edwardsville.

Reckmann maintains that

despite continuing projections

of a deficit, no deficit was

materialized.

The care homes are

financially viable

and should remain open well

into the next century.

The County Board recently voted to close the homes at the end of

November, largely based on

projections coming from

Bathon's office.

Bathon says Reckmann's

study "used statistical

techniques that are only

appropriate in an unchanging

environment."

"The purpose of forecasting

in financial management is to

provide decision makers with

estimates of future conditions

so that they can quickly react

by taking immediate

corrective measures.

For the last decade, the

County Homes Action

and Nursing Home

have been operating

and have a fund balance

of \$1.2 million.

At issue is the forecasts of

the homes' financial

condition for the

next three years.

At issue is the forecasts of

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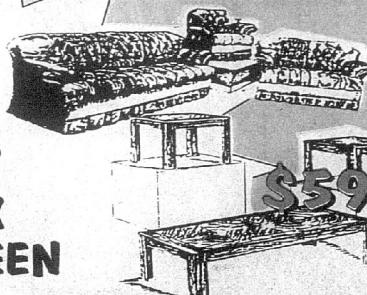
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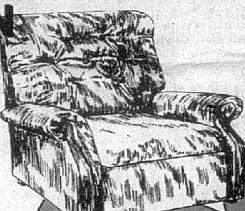
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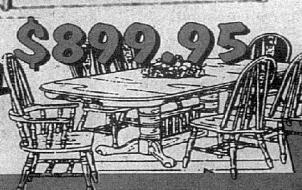
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Automotive

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Kia Sephia LS is a competitive compact sedan

By Tom Strongman

Kia Motors America is nearing completion of its dealer network, which is now up to 432, with a product line that consists of the Spectra sport-utility vehicle and the Sephia.

Unless you are a reader of trade publications or automobile magazines, Kia, a South Korean automaker, is likely to be an unfamiliar name. You may know it more for two former products, the Festiva and Aspire, which it built for Ford Motor Co. In fact, Ford owns roughly 10 percent of this company, and may buy a larger share.

When Kia decided to establish its own dealer network, it chose the slow and steady route. The first dealerships were opened in Portland, Ore., and followed by others in the southwest, California, Texas, Oklahoma and the Gulf states. By last August Kia had sold 100,000 vehicles.

Kia sells the Sportage, a cute, small hatchback, sedan, and Sephia, a four-door sedan. The Sephia outperforms the Sportage by more than 2 to 1, but that may change with the addition of a two-door, soft-top Sportage that went on sale recently.

Until I can test drive one of those, however, it seemed prudent to take a look at the Sephia sedan, which is about the same size as a Toyota Corolla. The Sephia is new from the ground up this year, and prices begin at \$9,995 for the base model, \$10,995 for the LS and \$13,325 for the LS



with the Power Package. The Power Package includes convenience items such as air conditioning, power windows, power door locks, side mirrors, cruise control, interval wipers and AM/FM/CD player with six speakers.

This is the second-generation Sephia. Compare its specifications with that of the Corolla and the differences are fractional. It is built on a 100.8-inch wheelbase, has a 57.7-inch track and a 174-inch overall length.

Power comes from Kia's own 1.6-liter, four-cylinder engine that pumps out 125 horsepower. This dual-overhead-cam (DOHC) unit has four valves per cylinder, electronic fuel injection and a stainless steel exhaust. The engine is rated at 23 mpg city and 31 mpg highway.

Our test car, equipped with the automatic transmission, was reasonably peppy, I appreciated being able to shift out of overdrive with a button on the gearshift lever when I wanted extra power for passing or climbing hills. The five-speed manual transmission enables the driver to get the most out of this engine.

Comfort items such as this one are excellent for small families, young buyers and folks who have long commutes and want to conserve on gas. Interior size is an average, but there is a surprising amount of room in the front seat for me, although I am not very tall. The Sephia LS has a split-folding back seat for those times when you

need extra hauling capacity.

The cabin is laid out efficiently. Gauges are large and all of the controls, with the exception of the radio, were simple and easy to use. The radio, however, had very tiny buttons and confusing markings.

Even though this is a small car, it does not have a rough ride. By using a fully independent suspension, the Sephia takes turns without excessive body lean and feels solid and secure at highway speeds. Front and rear stabilizer bars, also with 1.5-inch travel, play a big part in its over-the-road behavior.

The base price of our test car was \$13,325. It was the most expensive model equipped with air conditioning, a five-speed transmission, power windows, power mirrors, power locks, cruise control, tilt wheel, AM/FM/CD player, power steering, split-folding rear seat and a sunroof.

The sticker price was \$14,794.

The basic warranty is for three years or 36,000 miles.

Points & Plugs

Increases in truck sales expected to continue

By Rick Stoff

Keep on truckin': Trucks will continue to account for an increasing share of the American vehicle market, reports a survey conducted by the University of Michigan Office for the Study of Automotive Transportation.

Sales of light pickups and similar vehicles will increase 8 percent from 1996 levels to the year 2000, while overall market sales — truck and car — will grow 5 percent, a panel of 200 industry experts told the university.

In other findings, the study says the average price of a domestic light vehicle will rise 15 percent by the year 2000 to an average of \$12,253. The cost of a gallon of gas is projected at \$1.65 in 2007.

Would you like to test drive every new 1998 car and truck model on the market before deciding to buy? If so, you can attend the 10th annual "Cars and Trucks" show, which is open for about two and a half hours.

There are 984 distinct vehicle models available for sale this year, according to the trade publication Automotive News. That total is 80 more than offered in 1997.

There are now 559 truck models available, up from 477 last year. The car model count has fallen from 447 to 425.

Ford accounts for an inordinate number of the total, since it lists 144 variations of its F-Series trucks.

There are 196 foreign-made models sold in the U.S. and 77 models that are built in the U.S. by foreign companies. General Motors, Ford and Chrysler are 15th, 16th and 17th automobile models this year, down from 26th, 19th and 20th last year.

The car market fell 10 percent this year, four-doors from 226 to 219 models; two-doors from 153 to 130; and convertibles from 39 to 36. Oddly, however, the number of station wagons were built climbed from 29 to 30.

Look for big changes from Nissan — or else. Nissan lost \$787 million in the U.S. during its 1997-98 fiscal year, according to Business Week magazine. Nissan sold 728,371 cars and trucks in the states last year, more than 100,000 fewer than the year before it sold. The company's new American chief says he is working on giving the products more personality and pizzazz.

Look for General Motors' recent labor problems result partly from efforts to improve its plant productivity.

According to the Harbour & Associates consulting firm, GM needs about 44 hours of labor to build a vehicle. GM's average is 50 hours; users just over 40 hours and Ford uses about 37 hours.

The U.S. accounted for about one-third of all the cars sold in the year. 99% of 3.6M cars. Surprisingly, Ferrari sold more cars in Germany than its own Italy.

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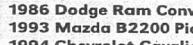
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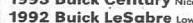
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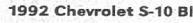
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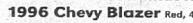
1986 Dodge Ram Conversion Van Full size, like new.....\$3,444



1993 Mazda B2200 Pickup Runs great, red.....\$5,444



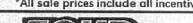
1994 Chevrolet Cavalier RS Power window, auto, nice.....\$6,444



1992 Buick Century Nice Family Car.....\$7,944



1995 Taurus GL Nice Car.....\$8,444



1992 Chevrolet S-10 Blazer 4 Dr., 4x4.....\$10,944



1992 Ford Club Chateau Van Super Low Miles.....\$16,944



1995 Buick Park Ave. The Lap Of Luxury.....\$17,444



1995 Buick Roadmaster LTD Luxury/Leather.....\$18,444



1997 GMC Jimmy SLE 4 Dr., 4x4.....\$23,944

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South Highway 15 & 270

Edwardsville/Glen Carbon

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Factory Authorized
Ford Clearance**

ALL 1998 MODELS MUST BE SOLD NOW

**FINANCING
STARTING AT**

0.9% APR

With Approved Credit
Come in for details!

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Ranger XLT

Windstar GL

Contour SE

Escort SE

97 ZX-2

Taurus SE Sport

97 T-BIRD LX

98 WINDSTAR G.W.N.

98 F150 MARK III CONV.

320 HELP WANTED

CLASS ROOM TEACHERS
Substitutes needed for
District. Apply at 708 St. Louis
Ave., Granite City, IL 62040.
\$50.00 per day, minimum
500 hours per year. Benefits
Degree & State Certification.

CNA'S

Freeburg Care
Center is in the care
business. We are
looking for CNA's to assist
residents with their
daily care. We have
above average
salaries and
benefits.

Apply In Person at:
746 Urbans Dr.
Freeburg, IL.
M-F 8-4 pm

CONGRADULATIONS - TAN-
MY WOOD on her new teach-
ing position at the Granite City
Schools. Returning to the Col-
lege of DuPage, she is teaching
Search of Exceptional Party
Programs. For More Info Call
800-333-0000 or Call
Caroline Daycare, Inc.

COOK WANTED
Experienced Cook
Nights & Days Sundays
22-24 hrs weekly. \$10.00
per hour. Benefits. Apply in person
M-F 2-4 pm
Bridgeview Caseys
344-3530

CUSTOMER SERVICE
Manufacturing company in
West County is seeking a
customer service rep.
Computer skills and
internet experience
preferred. Call ASAP!

242 St. St. Alton, IL 62044

Daycare Teacher
needed
Before & After
School
30 hrs. Weekly
Please Call
797-6622

DELIVERY DRIVER Needed.
Apply in person at Bert's
Hamburgers, 770 N. Broadway.

Delivery
Warehouse

Excellent entry level opportu-
nity for delivery driver or
trucker at one of our metro-
east locations. Responsibilities
will include picking up and
delivering in our vehicle,
providing customer
service, preparing general
warehouses, doing routing
of delivery orders, putting away
stock. Competitive pay and
benefits. Apply in person at: Butler
Supply, 770 N. Broadway, E.
St. Louis, IL 62204. EOE

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Call
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DIE CUTTER
OPERATOR

28 Mercury, 36 2nd and
2nd shift, 10 hrs. Benefits.
Experience only.

314-385-3500

DISPATCHER/TELEPHONE
Evenings, shift. Adul. conversa-
tional, good pay, benefits.
Good pay.

DOOR HANDS: Must have
available. LTLC. Company
will provide training. Background
check required. Apply in person
at: Bert's Hamburgers, 770 N. Broadway,
St. Louis, MO.

DRAFTSMAN

Experienced in pressure
vessel drafting. Send
resume to:

#3035, Journals
1714 Deer Tracks Trail
St. Louis, MO 63131
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DRAINEWERS CLEANERS

Experienced. Must have CDL
Class A or B. Good driving
record. Must have
employment & fringe benefits. Must
pass physical including drug
screening. Must be a member
of Able Industries, 715 North
Main, Granite City, IL 62040.

DRIVER: Class B, one year
variable. LTL city delivery
experience. Background
check and drug screen
required. Apply in person
at American Trucking, 7400 N.
Freightway, Granite City, IL 62040.

DRIVER: Home every
six to ten days. Start
up to \$400.00 per day
ask about 816/411 and
more. Heartland Express.
1-800-441-4953.
EOE

320 HELP WANTED

DRIVER

MUST have CLASS A license,
CDL, good driving record,
experience, Local delivery
jobs. Please send resume to:
Attn: Dave, P.O. Box 5850, St.
Louis, MO 63134.

DRIVERS - A & B. FT
2 years experience. Call
PH-DRIVERS, 314-291-7944.

DRIVERS

Class A or B license pre-
ferred. Local delivery, 24 hrs,
will train. \$9.00 per hour or
more depending on ex-
perience. Company offers
excellent benefit pack-
age. Local delivery
opportunities available
in the South/Jefferson
County and West. Forti-
ess/Wentzville locations.
Requires excellent driving
record and extensive lift-
ing.

Waste Management
of St. Louis

Toll Free Job Openings
1-888-873-4697
2hr per day, 7 days
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MP/DIV

DRIVERS

Class A, CDL
needed for St. Louis
area. Call
314-298-8515 X7

DRIVERS/LOCAL

Full time position, second
shift for tractor trailer drivers
with at least 2 verifiable years
experience. Must be able to
work with HAZMAT & DOT qual-
ified. Good benefit program.
Interview

314-805-1437

314-894-3330

314-848-8425

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Call
966-FAST!

Buying or
Selling
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Classifieds!

320 HELP WANTED

COURIERS

Food distributor out of
St. Louis is looking for
over-the-road
tractor/trailer drivers. We
offer excellent benefits
including safety bonus
to start. Insurance, paid
vacations, home weekly
reimbursement, good
driving record, good
driving record. Class A CDL.
Must meet D.O.T.
qualifications.

REMEES EXPRESS
2 years experience. Call
PH-DRIVERS, 314-291-7944.

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SCHOOL BUS DRIVERS NEEDED
PAY:
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POTENTIAL PAY INCLUDING BONUS
\$9.13 per hr to \$10.63
PAY CREDIT GIVEN FOR SCHOOL BUS DRIVING EXPERIENCE!
SENIORITY ASSIGNED BY DATE OF HIRE!

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FREE TRAINING STARTING NOW
NO EXPERIENCE REQUIRED
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SACH BONDS UP TO \$200.00
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EQUAL OPPORTUNITY EMPLOYER

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Party with Christmas Around the World
Earn commissions and FREE Merchandise. No investment, delivering, collecting, Fund Raising available. Part 358-4818
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PATROL REPRESENTATIVE
Duties include good communication skills, computer skills, excellent opportunity \$20,800
Mrs. Linda 309-2000
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Sneiling Personnel Agg
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Get Results

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PERSONAL ASSISTANTS
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Homebased immediate openings in the Granite City area. Part time and part time position available. Rewarding experience assisting homebound individuals challenged in their homes. Part time position available. No experience necessary. For more information call at STAR REALTORS 876-0024

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Hiring Full-time, Part-time, Reasonable hours. No Paid Vacation & Bonuses. 345-5276

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REAL ESTATE SALES
EXCELLENT EARNINGS!
FLEXIBLE HOURS!
Part Time or Full Time
MUST BE 21 AND HIGH
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NO EXPERIENCE NECESSARY
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Retail Sales
We are currently looking
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Part time or full time
We seek enthusiastic team
players who have the ability
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ronment. Top notch
customer service and selling
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We're waiting to hear from
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 Pier at 3rd Street, Suite 100
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3602 N. Lindbergh Blvd.
St. Louis, MO 63110
1688 Clarkson Road
Chesterfield, MO 63171
7125 Linnwood Road
St. Louis, MO 63125
150 Mid River Drive
St. Louis, MO 63128
125 Commerce Street
Fairview Heights, IL 62208
7am-4pm
Please call for details, please
apply at any of the above
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The Suburban Journals
in the St. Louis and
Warren Counties seek
an aggressive, sea-
soned reporter with
solid background in
government beat. To
apply send cover
letter, resume, writing
samples and list of
references.

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WE ARE HIRING

You are motivated, knowl-
edgeable, and a hardworking
kitchen professional? If so,
we have an opportunity for
you. We are currently looking
for a winning team with the
PRESIDENT CASINO on the
ADMIRALTY TEAM.

We offer competitive wages,
great benefits, and easy
access from anywhere in the
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NOTICE OF SALE

IN THE CIRCUIT COURT

THIRD JUDICIAL CIRCUIT

MADISON COUNTY, ILLINOIS

Roosevelt Bank, A Federal Savings Bank,

1/6/8 First Granite City Savings and

Loans, Inc.

Plaintiff,

No. 95-CH-301

vs.

Lenni L. Johnson, Sharon O. Johnson,

Metro East Sanitary District,

UNKNOWN

OWNERS and

NONRECORD CLAMANTS.

Defendants.

PUBLIC NOTICE is hereby given that pursuant to a judgment of the above Court entered in the above entitled cause, on September 1, 1987, following demand and notice, it is ordered that the sum of \$50,000.00 be paid to Plaintiff, Lenni L. Johnson, Sharon O. Johnson, Metro East Sanitary District, UNKNOWN OWNERS and NONRECORD CLAMANTS, Defendants.

The Plaintiff is hereby directed to appear in the above Court on the date aforesaid.

The amount due was \$50,000.00.

The property is being sold "as is" condition.

No title or other documents are being sold subject to any and all unpaid real estate taxes and assessments.

The attorney for the Plaintiff shown at the conclusion of this Notice can be contacted for information regarding the real estate.

See T. Walker #20212782

Attorney & Counselor at Law

2021 2nd Street, Suite 100

(618) 452-3200

#300C, 8/5, 8/12, 8/19

NOTICE OF SALE

IN THE CIRCUIT COURT

THIRD JUDICIAL CIRCUIT

MADISON COUNTY, ILLINOIS

Roosevelt Bank, A Federal Savings Bank,

1/6/8 First Granite City Savings and

Loans, Inc.

Plaintiff,

No. 95-CH-241

vs.

Lenni L. Johnson, Sharon O. Johnson,

Lorraine Rancher, Sandra A. Rancher,

Metro East Sanitary District, UNKNOWN

OWNERS and

NONRECORD CLAMANTS.

Defendants.

PUBLIC NOTICE is hereby given that pursuant to a judgment of the above Court entered in the above entitled cause, on September 1, 1987, following demand and notice, it is ordered that the sum of \$20,000.00 be paid to Plaintiff, Lenni L. Johnson, Sharon O. Johnson, Lorraine Rancher, Sandra A. Rancher, Metro East Sanitary District, UNKNOWN OWNERS and NONRECORD CLAMANTS, Defendants.

The Plaintiff is hereby directed to appear in the above Court on the date aforesaid.

The amount due was \$20,000.00.

The property is being sold "as is" condition.

No title or other documents are being sold subject to any and all unpaid real estate taxes and assessments.

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See T. Walker #20212782

Attorney & Counselor at Law

2021 2nd Street, Suite 100

(618) 452-3200

#300C, 8/5, 8/12, 8/19

NOTICE OF SALE

IN THE CIRCUIT COURT

THIRD JUDICIAL CIRCUIT

MADISON COUNTY, ILLINOIS

Roosevelt Bank, A Federal Savings Bank,

1/6/8 First Granite City Savings and

Loans, Inc.

Plaintiff,

No. 95-CH-351

vs.

Lenni L. Johnson, Sharon O. Johnson,

Lorraine Rancher, Sandra A. Rancher,

Metro East Sanitary District, UNKNOWN

OWNERS and

NONRECORD CLAMANTS.

Defendants.

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The Plaintiff is hereby directed to appear in the above Court on the date aforesaid.

The amount due was \$20,000.00.

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No title or other documents are being sold subject to any and all unpaid real estate taxes and assessments.

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See T. Walker #20212782

Attorney & Counselor at Law

2021 2nd Street, Suite 100

(618) 452-3200

#300C, 8/5, 8/12, 8/19

NOTICE OF SALE

IN THE CIRCUIT COURT

THIRD JUDICIAL CIRCUIT

MADISON COUNTY, ILLINOIS

Roosevelt Bank, A Federal Savings Bank,

1/6/8 First Granite City Savings and

Loans, Inc.

Plaintiff,

No. 95-CH-303

vs.

Lenni L. Johnson, Sharon O. Johnson,

Lorraine Rancher, Sandra A. Rancher,

Metro East Sanitary District, UNKNOWN

OWNERS and

NONRECORD CLAMANTS.

Defendants.

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The Plaintiff is hereby directed to appear in the above Court on the date aforesaid.

The amount due was \$20,000.00.

The property is being sold "as is" condition.

No title or other documents are being sold subject to any and all unpaid real estate taxes and assessments.

The attorney for the Plaintiff shown at the conclusion of this Notice can be contacted for information regarding the real estate.

See T. Walker #20212782

Attorney & Counselor at Law

2021 2nd Street, Suite 100

(618) 452-3200

#300C, 8/5, 8/12, 8/19

NOTICE OF SALE

IN THE CIRCUIT COURT

THIRD JUDICIAL CIRCUIT

MADISON COUNTY, ILLINOIS

Roosevelt Bank, A Federal Savings Bank,

1/6/8 First Granite City Savings and

Loans, Inc.

Plaintiff,

No. 95-CH-304

vs.

Lenni L. Johnson, Sharon O. Johnson,

Lorraine Rancher, Sandra A. Rancher,

Metro East Sanitary District, UNKNOWN

OWNERS and

NONRECORD CLAMANTS.

Defendants.

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See T. Walker #20212782

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Today's Food

Today's Food on-line, www.yourjournal.com

Heart-y Bites

Tomatoes royally
robe pasta

See Page 2

Food Nutrition

Wise Ways

Summer vegetables get their freshest punch from garden herbs. **INSIDE**

Blue Ribbon Cook

Eggplant and zucchini become winning vegetable medley baked with other garden vegetables. **INSIDE**

Test Run

Shredded wheat is an oldie-but-goodie cereal. New varieties give it low-fat flavor with sweet extras that avoid a super-sweet dip in frosting. **INSIDE**

Micro Raves

There is no need to be clueless when unravelling mysteries of flavor. Just add kernel of mustard. **INSIDE**

Lively Taste

Sprinkle the salt needed in a recipe directly into minced garlic on the cutting board. It helps absorb the juices and makes it easier to scoop the tiny garlic pieces off the board.

Health Fitness

Medicine Chest

Alternatives to carrying a toothbrush are mini-flavored tablets called "ow!". Infused with sodium bicarbonate, silicone dioxide and silica help freshen breath, inhibit bacterial growth and diminish plaque. They retail between \$3.99 and \$4.50 for 75 tablets in the oral care department of most supermarkets and general merchandise stores. For information on the product, call toll-free 1-888-yes2you.

Fresh Picks

The freshest corn is the sweetest. Use it as soon as possible after buying it. Keep it well chilled, because at room temperature, corn loses half its sugar in one day as it converts into starch. Stacking it results in heat generation, so store it so that the top row is exposed. For popping corn, husks should be fresh-looking, tight and green. End kernels should be smaller, but still plump; large kernels at the tips mean the corn is over-mature, so it will be chewy and pasty. Silks should be moist, soft and light golden, not brown and brittle. To cut off kernels, slide a sharp knife down the length of the cob, stand upright on a work surface, cut off half an ear at a time, then trim, scatter and neaten. For cream-style corn, slit each row of kernels with a sharp knife, then run the back of the knife down the cob to squeeze out pulp and juice and leave the kernel skins on the cob.

Big Fat Tip

When traveling past landmarks with fast-food drive-up windows, skip extra fat by skipping super-size versions of cheesy burger packages. For a low-fat breakfast, order pancakes with syrup or jam instead of margarine or butter. Fast-food breakfasts often are available throughout the day. Lower-fat milk often is available for the asking. Fresh tossed salad comes with low-fat dressing. Another good choice is grilled chicken sandwich. For a sandwich, ask for a packet of honey mustard or barbecue sauce and add lettuce and tomato. At rest stops, pull the knob on vending machines for pretzels or baked potato chips. Some also contain boxes of cereal for sweet, low-fat snacks.

Future Shop

Steak-It-Do will be showcased Aug. 13 to 23 at the Missouri State Fair in Sedalia. A 1/3-pound chunk of ball tip sirloin steak is skewered on a stick similar to a kebab pop. It is pre-cooked, vacuum-sealed, so it only needs a quick dip in boiling water for a short time in a microwave oven or on a grill to warm it. Frozen Steak-It-Do is ready in 3 minutes; from the refrigerator, it takes 30 to 60 seconds to warm.

Smitten with smoothies

Smorgasbord of flavors swirls in cool drinks

By Janice Denham
Staff writer

Once in love with smoothies, always in love with smoothies. That means a food processor or blender may be part of the kitchen counter furniture the rest of the summer.

Ah, but those smoothies are as soothing and scrumptious as a run through the cool mist of a sprinkler!

According to Paula Chace and Maureen B. Keenan in "Smoothies for Life!" (Prima Publishing, \$14.95), a smoothie starts with 1/2 to 1 cup of a liquid base, then comes 1 cup of fruit, 1/2 cup yogurt, ice and any desired supplements. Finally, the fairies come to combine everything, like a fairy dance, into a frothy liquid.

Milk, yogurt, frozen yogurt, ice cream or tortilla juice form the liquid base.

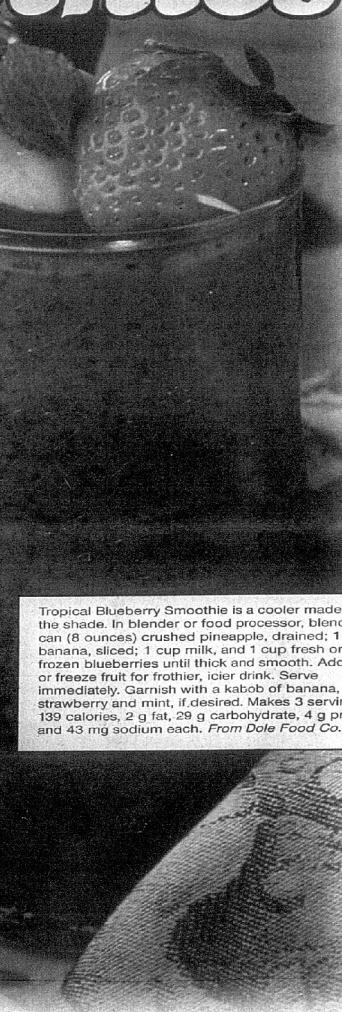
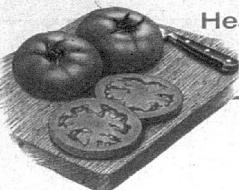
Tera Liescheidt, dietitian with the St. Louis District Dairy Council, says any combination of fresh, frozen or canned fruit is fine. Frozen fruit makes it thicker. Banana chunks, strawberries, cherries, grapes, cantaloupe cubes and sliced peaches, each of which also can be frozen with resulting fresh flavor — are excellent summer starters.

The most popular smoothies to buy are fruit with yogurt, milk, juice, cinnamon, cocao and malt powder add individual punch. For sweetness, try the full gamut of honey, maple syrup, a fruit spread, or brown, confectioner's or granulated sugar. Sugar substitutes yield fewer carbohydrates and calories.

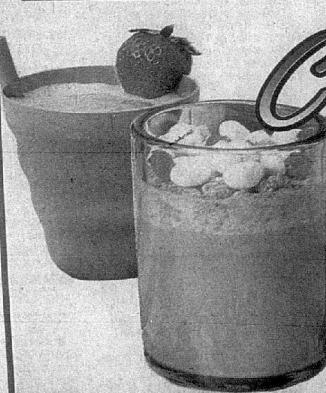
Liescheidt recommends adding protein beyond the milk "to get the most bang for the buck when using a smoothie in exchange for a meal or liquid snack." What is the best? She suggests extra nonfat dry milk, cottage cheese, peanut butter or instant breakfast mix powder.

Anita Hohn, also a dietitian with the dairy council, says, "They really provide a powerful bunch of nutrition, plus flavor. Anyone can change ingredients by putting in what is on hand and mixing and matching ingredients." Combinations range from high-energy smoothies, particularly with the grab-n-go breakfast set. Because they are ready to drink, they make better traveling companions on the dashboard than sandwiches or burritos, yet

See SMOOTHIES, inside TODAY'S FOOD Page 2



Tropical Blueberry Smoothie is a cooler made in the shade. In blender or food processor, blend 1 can (8 ounces) crushed pineapple, drained; 1 ripe banana, sliced; 1 cup milk, and 1 cup fresh or frozen blueberries until thick and smooth. Add ice or freeze fruit for frothier, icier drink. Serve immediately. Garnish with a kabob of banana, strawberry and mint, if desired. Makes 3 servings; 139 calories, 2 g fat, 29 g carbohydrate, 4 g protein and 43 mg sodium each. From Dole Food Co.



Choco-Chillers

Chocolate milk may be a super-hero that saves the day when kids tire of plain milk. Use it straight or made into cubes, add other favorite ingredients and whirl in a blender or food processor for a healthy mixture. Comparing two-percent milks, chocolate has similar amounts of calcium, riboflavin, vitamins A and D and protein and 60 more calories than white milk.

Granola Shake-Up: In blender or food processor, blend 1 cup chocolate milk, 1 cup vanilla frozen yogurt and 1/3 cup low-fat granola until smooth. Stir in 1/3 cup granola and serve with additional toppings.

Fruity Shake-Up: In blender or food processor, blend 3/4 cup chocolate milk and 4 frozen chocolate milk cubes until smooth. Add 1/2 cup frozen sweet cherries, 1/2 cup frozen berries or 1 banana, cut in chunks, to blender or food processor.

Fruit 'n' Nut Shake-Up: In blender or food processor, blend 1/2 medium banana, sliced; 1/2 cup fresh strawberries and 1 cup chocolate milk until smooth. Add 2 tablespoons creamy peanut butter, 1 teaspoon honey and 1 cup vanilla, chocolate or strawberry frozen yogurt. Process until smooth.

Kid's Cuisine

Old favorites — cornbread Big clue: Find the colonel, and squash — make a call in kitchen, with the knife

Nothing says summer in the South like a good ol' squash casserole made with baby-smooth yellow summer squash and sauteed onion.

Instead of serving cornbread on the side, this recipe shows it can be baked at the same time on top of the squash for a hearty meal that's never been half the dishes.

Along with a plateful of Summer Squash and Cornbread Casserole, fresh green beans seasoned with country ham and sliced ripe tomatoes make a great summer supper.

SUMMER SQUASH AND CORNBREAD CASSEROLE

1/4 cup (1/2 stick) butter or margarine

1 large sweet onion, cut in thin wedges
2 lb. yellow summer squash, sliced 1/4 inch thick (about 8 cups)
1/2 tsp. salt
1/4 tsp. coarsely ground pepper
1 pkg. (6 oz.) regular or buttermilk cornbread mix
2/3 cup milk
1/2 cup (4 oz.) shredded cheddar cheese

Preheat oven to 450°.

Grease 2-quart baking dish. In large skillet melt butter over medium-high heat. Cook onion until translucent. Add squash, salt and pepper. Reduce heat. Cook, covered, about 15 minutes until squash is tender. Remove lid. Mash squash

gently with fork to break up large pieces. Continue cooking, uncovered, about 5 minutes until slightly thickened and creamy. Pour squash into prepared baking dish.

In medium bowl, stir together cornbread mix, milk and cheese just until blended. Spoon around edge of baking dish. Bake 15 to 18 minutes in preheated oven until golden brown. Let stand 5 minutes before serving.

Makes 6 to 8 servings; 280 calories, 12 g fat (25 mg cholesterol), 450 mg sodium, 22 g carbohydrate, 5 g protein and 4 g dietary fiber each, based on 8 servings. Dietary exchanges: 1 starch, 1 vegetable, 2 fat or 1 carbohydrate, 1 vegetable, 2 fat.

By Sandra Hounsom
Correspondent

It has been a colorful game for centuries. Used as a condiment, a spice and a medicine, mustard comes in three colors of ripened seeds: white or pale yellow, black and brown. The color of the seed determines the color of the mustard.

MICRO RAVES

A recent trip to Florida netted a book, "A Dash of Mustard: Mustard in the Kitchen and on the Table" by Katy Holder and Jane Newdick (Chartwell Books, 1995).

The mustard plant belongs to the same family as cabbage, broccoli, radish and watercress. White mustard is found in northern Europe and North America, while the pungent black is native to southern Europe and western Asia. Brown is native to India.

Black seeds, the smallest and the hardest to harvest, often must be gathered by hand. Because it can be harvested mechanically, brown is produced more commonly than black.

White mustard has the largest seeds and the mildest flavor. Dry mustard powder mixed with cold water becomes a hot condiment for Chinese food. The green leaves of a young plant can be eaten in

salad, while older, larger leaves can be cooked briefly before eating.

Early in this century in Great Britain, the Mustard Club began as an advertising gimmick to increase the sagging popularity of mustard. Members pleased to eat mustard at all proper occasions to improve appetite and strengthen digestion. Those eating in a restaurant could refuse to tip the waiter who "forgets to put mustard on the table."

Mustard varieties come from around the world, with Dijon, France, being the best known. Dijon mustard is smooth, yellow in color, and has a pronounced pungency. Yellow mustard powder is common in Britain.

Mustard is made into a syrup to preserve fruits in Italy. German mustard ranges from mild to a sweet-and-sour taste.

Very mild, the American style, made from white seeds, is the mustard of hot dog fame. It adds that extra and desirable kick or bite to many foods, such as potato salad, salad dressing and more.

The book, with its flavorful history and tidbits of information, contains recipes for different types of mustard. Many do not require direct cooking of mustard, but include it as

part of a marinade, for basting or spreading or dipping sauce, during or after cooking.

This sauce from the book was adapted easily to use in a microwave oven. Serve it with vegetables or any meat.

Home economist Sandra Hounsom specializes in microwave cooking.

ALL-PURPOSE MUSTARD SAUCE

2 tbsps. butter or margarine
1/4 cup flour
1 cup milk
2 tbsps. dry mustard powder or 1 tbsps. Dijon mustard
Salt and freshly ground black pepper to taste
2 tbsps. light cream (if desired)

In 4-cup glass bowl or cup, microwave butter on high power 15 to 20 seconds until melted. Stir in flour until smooth. Microwave 20 seconds.

Gradually stir in mustard, salt and pepper and cream. Stir until smooth. Microwave on high power 1 to 2 minutes until hot, stirring after 1 minute.

Makes about 1 1/2 cups.

Tasty baked dish uses winning garden variety of crisp, fresh veggies

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Heart disease, surprisingly, is one of the leading causes of death among women. In fact, every two minutes one woman dies of heart disease.

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Date, Time, Place:
Saturday, August 22, 1998
7:30 to 11:30 a.m.
Memorial's Outpatient Surgery Center



MEMORIAL HOSPITAL
4500 Memorial Drive
Belleville, Illinois 62226

The screening includes:

- A complete lipid profile total blood cholesterol, LDL and HDL cholesterol, triglyceride level and a coronary risk report (12-hour fast required)
- Diabetes Test
- Blood pressure
- Height/Weight
- Baseline EKG

Fee: \$35.00

Information:

Pre-registration is required. Reservations can be made by calling Memorial's Community Relations Department at (618) 257-5649.

Evelyn Schanzle, Godfrey, Ill., is the winner of this week's recipe contest for Eggplant-Zucchini Medley. The prize is dinner certificates from the Pasta House Co.

BLUE RIBBON COOK

It is an all-in-one dish with a thin layer of pasta in the center to help absorb the juices. The aroma is inviting while it cooks, making it a summer bonanza.

Schanzle calls it "a tasty use" of "all vegetable ingredients from our gar-

den." Homegrown tomatoes which she has stewed can replace canned tomatoes. She likes to serve the medley with a mixed salad and rolls for lunch or a light supper.

Recipes for the Fruity Salad Recipe Contest are due Aug. 31. A winner will be rewarded each Wednesday during September, so readers of Today's Food have an opportunity to win one of five times.

A single household can submit a single recipe for any kind of salad with fruit as a major component to:

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Fruity Salad Recipe Contest, Suburban Journals, 1000 Deer Creek Trail, St. Louis, Mo. 63131. The fruit used in the recipe should be available in September.

As usual, if there is a history of the recipe, it will be considered part of the entry. Along with taste and eye appeal, it will form the basis for judging.

Overall quality will be considered, although the recipe need not be original. If possible, name the recipe's source. Include the name of the Journal you receive.

EGGPLANT-ZUCCHINI MEDLEY

1 can (16 oz.) tomato sauce
1 tsp. Worcestershire sauce
1/2 tsp. pepper
1 tsp. oregano
1 tbsp. chopped fresh or 1 tsp. dried basil
1 medium clove garlic, minced
1 medium eggplant, peeled, sliced
2 medium zucchini, sliced
1/2 cup uncooked spaghetti, broken in small pieces
2 medium ribs celery, chopped
1 large onion, chopped
1 medium green bell pepper, chopped
8 oz. mozzarella cheese, cut in small pieces

Preheat oven to 350°. Lightly coat casserole dish with nonstick cooking spray.

In bowl, combine tomato sauce, Worcestershire sauce, pepper, oregano, basil and garlic. Mix well. In prepared dish, layer half uncooked spaghetti, eggplant, zucchini, spaghetti, celery, onion and green pepper. Arrange cheese on top, then spoon half the tomato mixture on top. Repeat layers with remaining ingredients.

Bake in preheated oven about 1 hour.

HOURS:
M-F 8AM-7PM
SAT 8AM-6PM
SUN 11AM-4PM

QUALITY MEATS
2901 MADISON AVE
451-5200 OR 451-5204
SAME LOCATION SINCE 1929

\$1.00 SALE \$1.00 SALE \$1.00 SALE
IN 10LB. BAG 89¢ LB. \$1.00 LB.

EXTRA LEAN GROUND BEEF

LEAN TRIM PORK STEAKS \$1.00 LB.

CHOPPED SIRLOIN \$1.00 LB.

STEWING HENS \$1.00 LB.

USDA CHOICE CHUCK STEAK \$1.00 LB.

USDA CHOICE LONDON BROIL \$2.00 LB.

BEEF CUBE STEAK OR PORK CUTLETS \$1.00

BEEF OR PORK SHIS-KA-BOBS \$1.00 EA.

MARINATED CHICKEN K-BOBS 75¢ OR 10 FOR \$6.00

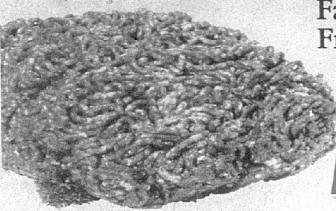
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42 LBS. \$8995 Average \$2.24 per pound

5 lbs. CENTER CUT PORK CHOPS
4 lbs. T-BONE STEAKS
5 lbs. CENTER CUT PORK STEAKS
10 lbs. GROUND BEEF
5 lbs. BULK SAUSAGE
5 lbs. CENTER CUT PORK CHOPS
5 lbs. BEEF ROAST (Arm or Chuck)
10 lbs. GROUND BEEF (1-2 lb pkgs)
4 lbs. PORK STEAK
5 lbs. BEEF OR PORK SAUSAGE (Plain, Garlic or Italian)
2 lbs. BACON
6 lbs. FRYERS (Cut Up)



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Food Stamps

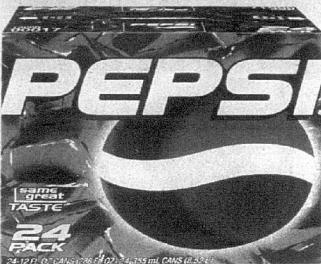
FOOD FOR LESS



Family Pack
Fresh Ground Regular

Ground
Beef

78¢
lb.



24-12 oz. cans
Assorted Varieties

Pepsi
398

Limit 2 with additional
\$10 purchase excluding
liquor & tobacco

REAL VALUES — LOWER EVERYDAY PRICES GUARANTEED!



7.25 oz.
Kraft
Macaroni &
Cheese
2/99¢



13 to 16 oz. Assorted Varieties
Quaker
Cap'n Crunch
Cereal
2/\$4



Gallon
Assorted Varieties
Pevely
Fruit
Drink
88¢



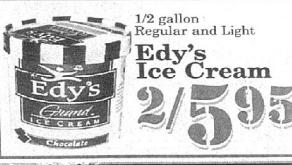
Gallon
1/2% or 2% Reduced Fat
Farmcrest
Milk
1.99



Golden Ripe
Bananas
4/\$1
lbs.



103 to 128 oz.
Powder or Liquid
Purex Laundry
Detergent
2.99



1/2 gallon
Regular and Light
Edy's
Ice Cream
2/5.95



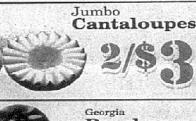
24-12 oz. can Suitcase
Natural
Light Beer
8.99
Illinois Store \$8.29

Real Values

Produce



Jumbo
Honeydew
Melons
1.98
each



Jumbo
Cantaloupes
2/\$3



23
148
lb.

Real Values

Meat



16 oz. pkgs.
Center Cut
Pork Chops
1.98
lb.



16 oz. pkgs.
Farmland
Jumbo
Hot Dogs
88¢



16 oz. pkgs.
Assorted Varieties
Seitz
Lunchmeats
1.28



Superior White
Seedless
Grapes
88¢
lb.



Georgia
Peaches
2/\$1
lbs.



23
148
lb.



16 oz. pkgs.
Trin n Tender
Family Pack
Stew Beef
1.68
lb.



16 oz. pkgs.
Farmland
Bacon
1.68



16 oz. roll
Assorted Varieties
Farmland
Sausage
88¢



California
Bartlett
Pears
88¢
lb.



In The Husk
California Super Sweet
Yellow Corn
5/\$1
ears



23
148
lb.



14 oz. pkg.
Louis Rich Turkey
Smoked Sausage
1.58



16 oz. Regular or Cheese
Louis Rich
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98¢



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2.98

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Tombstone
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Best Choice
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Sauce
159
16 SINGLES



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Honey and Art
Barbeque
Sauce
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32 oz.
Welch's
Grape Jelly
99¢



175 ct.
Kleenex
Facial Tissue
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2 liter
Assorted Varieties
Pepsi
69¢



12 meat
Pevely
Brown Cows
2/3.93



16 oz.
Pevely
Sour Cream
96¢



32 oz.
Kraft Miracle
Whip
2.19



2 quart unweetened
Kool-Aid
10/99¢



22 oz.
Regular or Lemon
Fantastic
Cleaner
1.89



33.8 oz.
Assorted Varieties
Best Choice
Flavored Water
59¢



7 oz. Assorted Varieties
Banquet Pot
Pies
2.99¢



Regular or Light
Best Choice
Soft Cream
Cheese
79¢



15 oz. Assorted Varieties
Del Monte
Peaches
99¢



8 quart can
Regular and
Pink Lemonade
Country Time
Lemonade
1.49



17 oz. Aerosol &
Trigger
Dow Bathroom
Cleaner
1.89



15-19 cans
Regular, Lite,
Draught
Miller Beer
5.99



12 pack
North Star
Dream or
Fudge Bars
2/3.95



16 oz. Assorted Varieties
Best Choice
Dips
96¢



16 oz.
Wonder
Country Style
Breyer
99¢



2-12 pack 12 oz. cans
Assorted Varieties
Coke
4.88



9 oz. Assorted Varieties
Glade Aerosol
Air Freshener
99¢



15-19 cans
Regular, Lite,
Draught
Miller Beer
5.99



8 oz.
Birds Eye Cob
Corn
2/\$3



3 lb. tub
Blue Bonnet
Spread
1.29



40 oz.
Jiffy
Baking Mix
1.39



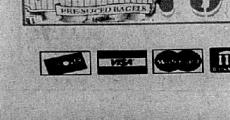
24 ct. Family Size
Lipton
Tea Bags
1.89



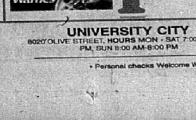
6 pack
Caress
Bar Soap
4.99



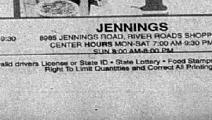
14.5 oz.
Assorted Varieties
Tostitos
Restaurant
Style
2.495



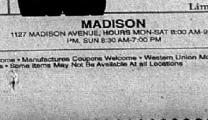
16 oz.
Assorted Varieties
Best Choice
Frozen Bagels
79¢



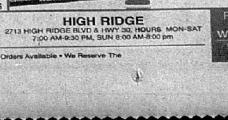
10 oz.
Assorted Varieties
Aunt Jemima
Waffles
1.09



12-20 oz.
Sugar Frosted Flakes,
Raisin Bran, Frosted
Fruit Flakes
Always Save
Cereal
1.99



2 liter
Assorted Varieties
Coke
88¢



6 pack
Hershey's
Milk Chocolate,
Kit Kat,
Hershey's
Candy Bars
1.99



8-10 oz.
Assorted Varieties
Cheez-It
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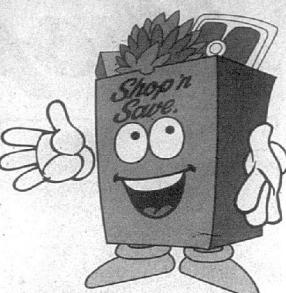
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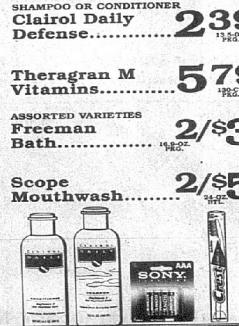
Style Shampoo or
Conditioner

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13-17 OZ.
PKG.



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1.79
6.4-OZ. PKG.



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2.39
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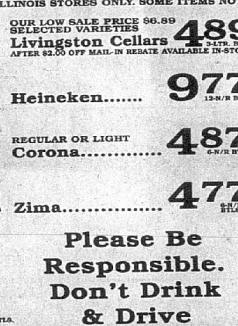
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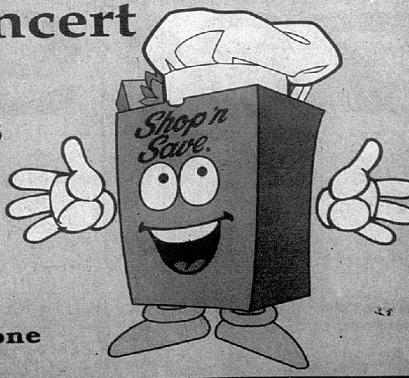
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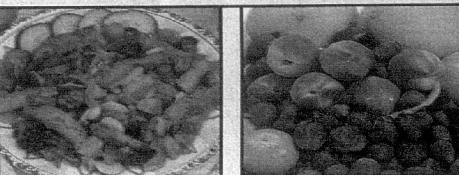
Texas Style
Baked Beans

Brach's
Pick-A-Mix

Tombstone
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Shop 'n Save.

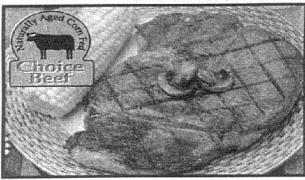


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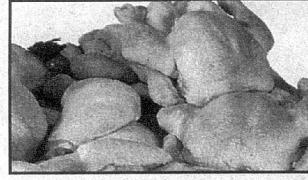
USDA CHOICE CORN FED BEEF
Boneless
Sirloin Steak

259
lb.



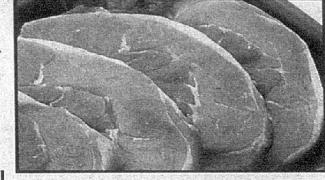
10-12 LB. AVG.
Whole Boneless
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lb.



FAMILY PACK
Boneless Pork
Sirloin Chops

199
lb.

Jennie-O
Ground Turkey **89¢**
1-LB. ROLL

Seitz
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Jimmy Dean
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CHOPPED HAM
Oscar Mayer **2/\$4**
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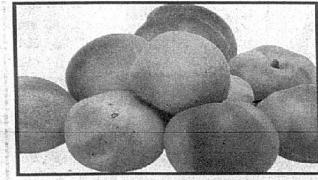
CHEESE, BEEF OR
FAT FREE
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Wieners..... 14-16
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REGULAR OR CHEESE
R.B. Rice Sausage
& Biscuits **99¢**
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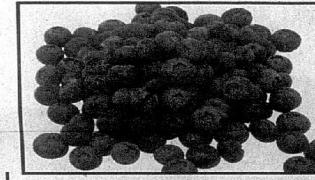
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Staff Writer

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Staff Writer

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Sports

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BAC hosts summer girls volleyball league

By Scott Marion
Staff writer

As head volleyball coach at Belleville Area College, Todd Gober keeps close watch on the prep volleyball scene. But

YOUTH VOLLEYBALL
during the summer, he doesn't even have to leave BAC's campus to watch some of the area's best players.

Gober is organizer of the BAC Summer Volleyball League, which recently completed its 1998 season. The league was started by former

BAC coach Lisa Kowalski.

"This is my second summer being involved with it and it's really been successful," Gober said. "It gives the different high school programs a chance to work out as a team before the season starts."

"We have a six- to eight-week schedule and teams usually play once a week, although sometimes they might have two matches. This year, we have 15 teams in the 17-and-under league and 11 teams in the 15-and-under league."

Mater Dei has two teams in the 17-and-under league, which includes

Althoff, Collinsville, Salem, Triad, Central, Waterloo, Gibault, Freeburg, Belleville East, Highland, Metro East Lutheran, Columbia and Nashville.

The 15-and-under league includes Freeburg, Waterloo, Gibault, Columbia, Livingston, O'Fallon, Dupo and Lovejoy, plus three Clinton County teams featuring players from Central and Mater Dei.

"Our schedule is the same from year to year, but this year we're playing on Tuesday and Thursday nights," Gober said. "It's a nice format — every team plays three games per night. We provide the referees, the

ball, the gym and all the other equipment. The kids can bring a coach or coach themselves. Some teams bring just six players; others bring 12 or 13 and use a lot of subs."

"It's a great experience for the teams like Mater Dei and Central — fill the stands. We get great support and the kids are all really into it."

"The Germantown team (a combination of Mater Dei/Central squad) won the 17-and-under championship and they got T-shirts for winning the league. They stayed 15 minutes after the match just laughing, having fun and signing each others' shirts."

Breese Central defeated Salem to win the 17-and-under championship. Belleville East was third, followed by Gibault and Althoff."

In addition to giving the players a jump start on the high school season, the league is a valuable recruiting tool for Gober.

"In last year's summer league, I recruited Kim Pitman from Metro East Lutheran," he said. "It was the first time I had seen her. This year I'm looking at a couple Salem kids."

See VOLLEYBALL, Page 3B

They make the programs

Gateway Publishing serves local schools

By Brian Bretsch
Staff writer

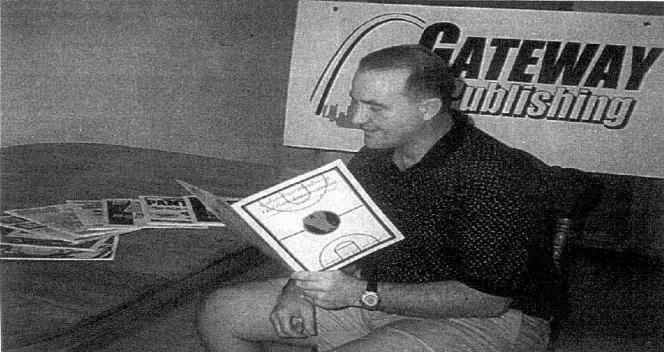
Don Haida has always had a passion for high school athletics.

If it was up to him, he would watch an endless number of high school basketball or football games. His role as assistant basketball coach at Althoff High School has filled some of his appetite for

the last eight years. Haida has found a niche that could combine his love for high school sports and his business degree from McKendree College.

Haida, along with his wife, Patsy, and brother Tom, started Gateway Publishing, a company that specializes in

See GATEWAY, Page 3B



Gateway Publishing sales manager Don Haida looks over one of the programs his company prints for school athletic teams in southern Illinois.

Scott Marion photo

Haida combines business, sports with Gateway Publishing

By Scott Marion
Staff writer

Don Haida has found the perfect way to combine his love for sports and his knack for business.

Haida, a junior varsity boys basketball coach at Althoff High School — is sales manager for Gateway Publishing, which produces sports programs and media guides for dozens of local high schools and colleges.

"My wife (Patsy) and myself run the business," Haida said. "My brother Tom is the director of our publishing company and he runs an appraisal company and he has to devote more of his time to that. Dennis Bechtold (assistant athletic director and former AD at Belleville East) helped us run it in the past, but he has more duties at East now."

"This is our second year as Gateway Publishing, but I've been in this

business for eight years. I worked for another printer, but we started Gateway on July 1, 1997."

"My brother Tom and I work together in the apparel business."

"Bob was honorable mention all-state in 1975 (as a basketball player) for Belleville East and got a scholarship to McKendree College. I always followed him and I always wanted to be like him and his publishing business," Haida will teach business classes this year at Althoff. He takes over the position vacated by former head basketball coach Tom Tamm, who coached the Crusaders for seven years before resigning to become principal at Whiteside School in Belleville.

"Right now, we produce 55 to 60 programs a year for local high schools, some small colleges in southern Illinois and Missouri," said Haida, who is also co-organizer of three summer basketball tournaments, the Summer Slam, the Pepsi Class A Shootout and the Las Vegas Shootout.

"I played on a team that included (current East coach) Doug McCrary and Doug. That's where I got my love

for basketball. My brothers and I are all McKendree graduates, but Bob is the only one who played in college."

Haida will teach business classes this year at Althoff. He takes over the position vacated by former head basketball coach Tom Tamm, who coached the Crusaders for seven years before resigning to become principal at Whiteside School in Belleville.

"Right now, we produce 55 to 60 programs a year for local high schools, some small colleges in southern Illinois and Missouri," said Haida, who is also co-organizer of three summer basketball tournaments, the Summer Slam, the Pepsi Class A Shootout and the Las Vegas Shootout.

"I do networking just like any other job, but I'm fortunate to be able to do my networking in high school sports. We call on the high school athletic

is this is more than a business. I actually attend a lot of these events. It's important to be visible and be kind to people. You get pretty good understanding of what's going on because I'm out there."

"I enjoy high school sports because it's athletics at a real genuine level. You're playing for yourself and for your team."

Gateway Publishing is located at 1815 Garden St. in Alton at the former site of Doja Art Gallery.

"I've been here eight or 10 years," Haida said. "This used to be an apartment, but we turned it into an office."

"I do networking just like any other job, but I'm fortunate to be able to do my networking in high school sports. We call on the high school athletic

See HAIDA, Page 3B

Tri City junior team makes impressive playoff run

By Rick Broome
Staff writer

Tri City's American Legion junior team went 15-13 in the regular season, finishing third in the North Division.

"They made a strong run in the playoffs before losing 15-10 to East Alton," he said.

"The crazy thing is that we led that game 5-0," Tri City coach Jerry

McKeehan said. "Things fell apart in the bottom of the fourth inning, when they scored 10 runs. Up to that point, we had a great chance to win the game."

Tri City finished the playoffs in second place in the Northern Division.

"Toward the end of the season, it started to get really hot and we ran out of energy," McKeehan said. "The heat just sapped their energy."

"I was really proud of the way they took on the postseason. Alton beat us

twice in the regular season, but we turned around and beat them twice in the playoffs, and that was great. We would have eliminated them, but they got to advance because they were the host team."

Three Tri City players made the junior Legion All-Star team — Scott Schardan, a pitcher, and catcher who batted .318; Jason Newman, a pitcher and catcher who batted .396; and Devin Mayes, who pitched and played shortstop.

"Devin is a really good fielder who also hit .402," said McKeehan. "Scott was our best pitcher, and Jason has a very strong arm. They all deserved to make the all-star team."

With Schardan, Newman, Mayes, and southpaw John Lusidic, Tri City's staff was deep and talented. One of the year's happy discoveries was freshman David Cattani.

See TRI CITY, Page 3B

Art Voeltinger
Sports Views

HEY KIDS!

Raging Rivers Night
Monday, August 10 vs. New York, 7:10

All fans 11 and under* will receive a coupon good for FREE admission to Raging Rivers Water Park in Grafton, Illinois. Valid through September 7, 1998.

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Saturday, August 15 vs. Pittsburgh, 7:10

Fans with a camera will get a chance prior to the game (5-6 p.m.) to snap pictures of their favorite Cardinals players, coaches and Fredbird.

Powerade/Target T-Shirt Day
Sunday, August 16 vs. Pittsburgh, 1:10

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Gateway Publishing produces programs for local schools

Continued from Page 1B

producing local high school and college sports programs.

Gateway Publishing has definitely found a niche in the market. Currently, the company is 13 months old and is already producing 50 to 60 programs.

What makes Gateway Publishing work is Haida's knowledge of the local sports scene and the printing business. He worked for a printing company up until Gateway Publishing was started.

Haida's first contact with Haida had was definitely a plus but he still had to offer a product that the schools would like. He offers the programs free of charge so the company makes all of its money through advertising, which is a tough sell.

Let's face it. As much as a business will have a loyalty to a school, the game is not going to be attended like a (St. Louis) Rams game," Haida said. "We have to market very intelligently. We don't charge a lot for our ads. We try to put out a sensible product. We don't print a glossy, hard-covered book. We offer reasonable prices and personal service. We will go out and pick up the ad copy. We will come out and see you if we need to. It's the personal service of

"You take the soccer sectional... Before the sectional happens, we will solicit the top four seeds and say, 'Hey, we need you're stuff,' but if a team gets upset along the way we call the (other) team."

Don Haida
Gateway Publishing
sales manager

being local and that is why our strength is local."

Gateway Publishing had a busy month of July. In addition to celebrating its 1-year anniversary, it has been preparing for the fall sports season. While most people were cooling off in the pool or working on a tan this summer, Gateway Publishing was hard at work on its advertising programs.

"We have already sold all of the fall stuff," Haida said. "We need to work a half season ahead. If you work too far out, it is hard for the advertiser to look four month ahead, even for a \$25 ad. We

work two to three months ahead to stay on top of it. That keeps it fun. We are always working on new things."

While preparing programs for the fall, winter and spring seasons, Haida said the crucial time for the business is preparing for the post-season tournaments. Deadlines to when a program has to be ready are as short as 48 hours.

"With special events, you are under the gun. It is kind of exciting because you live in the event," Haida said. "We'll work Saturdays. Our typesetters work on those events. We know it ahead of time so it is all planned."

"You take the soccer sectional... We already know we will be working Sunday, Oct. 12. It is just planning. You are under the gun and you learn from making a lot of mistakes. It is a real challenge and the more the cooperation of the ADs is so important. What we do too is solicit the whole sectional ahead of time. Before the sectional happens we will send out top four seeds and say, 'Hey, we need you're stuff but if a team gets upset along the way we call the (other) team."

For information on Gateway Publishing, call 239-6622.

Haida mixes business and sports for Gateway

Continued from Page 1B

directors to provide this service, but we're starting to work more with booster clubs.

"We give these products free to the high schools. It's a gamble that we're able to make a nice enough product and sell enough advertising to make a profit, but that's the challenge in being in business," Haida said.

Through his coaching and printing company jobs, Haida got to know many of the coaches and athletic directors in southern Illinois.

"I started coaching at Althoff right after they won the state (Class 3A),

"The product we're touting is high school athletics."

Don Haida
Gateway Publishing
sales manager

football championship in the 1990-91 school year," he said. "They also won the state (Class A) baseball championship that year, so basketball was in the middle."

"I was a volunteer assistant under (former head coach) Brad Harriman,

who very graciously gave me the opportunity. I learned an awful lot from him. I've been at Althoff ever since, including the last two years as JV coach. I'm really excited about working with (new head coach) Greg Leib. He's an outstanding guy and a great coach."

With Haida's background, forming a logical step.

"We started off pretty slow and learned a lot about the business," said Haida, whose company also produces calendars, posters, student handbooks, brochures and newsletters. "Now we have a plus and a lot of repeat customers. The product we're touting is high school athletics."

Hipp gets a big lift out of national championship

By Brian Bretsch
Staff writer

With role models like Dennis Barnett and Josh Busch setting examples in the Triad High weight room,

it was only natural for Knights football player Jon Hipp to follow in their footsteps.

However, July 18-19, Hipp differentiated himself from his former peers at Radisson Hotel in Chicago.

Hipp, who was representing the Tri City

YMCA powerlifting team from Granite City took first place in the 18-19-year-old superheavyweight division at the YMCA Power Lifting Teenage Junior National Championships.

More than 120 lifters from around the country participated in the competition.

Hipp squatted 534 pounds, bench-pressed 292, and deadlifted 551.

"We like to say that John 'squats from the hip,'" said Rick Fowler, a computer operator who volunteers his time to coach the lifters. "He's really impressive."

Hipp's dead lift was the best and most impressive of all his lifts.

"The weights are set on the ground and you pull it up to your waist," Hipp said. "It is a combination of leg and back strength." Hipp has an interesting hobby.

"I've lifted the back ends

"I want to be a successful football player and power lifter, whichever takes me where I'm going."

John Hipp
Triad student

of cars before," Hipp said. Power lifting has quickly become more popular lately for men to use his time in the weight room to prepare for the upcoming football season, during which he will most likely be a starting offensive tackle for the Knights fall.

"I want to be a successful football player and power lifter, whichever takes me where I'm going," said the 6-foot, 295-pound Hipp. Dennis Barnett and Josh Busch set excellent examples."

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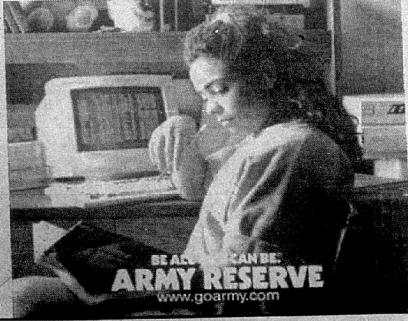
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Quiz on baseball fundamental errors

Who made the miscues: professionals or amateurs?

Continued from Page 1B

runner comes to a skidding halt and returns to third base.

8. With two outs, a tie score caught. As the balls descends, though, the runner at first trots toward second base while observing the right fielder and ignores the third base sign where he could advance if the ball were dropped.

9. Regardless if from the windup or stretch position, whether the pitcher's index finger points straight out of his glove, it indicates that he will throw a curveball. When he curls the index finger into the glove's leather, it will be a fastball.

10. In a suicide bunt attempt, the third baseman runs to the right fielder, who is coming toward home plate, the batter misses the ball. However, the catcher after catching the ball throws it over third base, where no one is covering the bag, allowing the runner to score.

11. On a high pop-up that starts in the area between first base and home plate, the pitcher loudly calls for the first baseman to catch the ball. The first baseman approaches the area as does the catcher, who while standing in the area, calls off the pitcher and drops the ball that would have been an easier catch for the pitcher.

12. With a runner on third base, the third base coach informs the runner that the squeeze bunt is on. Yet, when the coach gives the signal to the batter, the runner goes off the pitcher and drops the ball that would have been an easier catch for the pitcher.

If your answers were (a) for 1 through 5 and (p) for 6 through 9, give yourself an "A." The amateur flaws were evident in the play between Brad and Korea. What also could be termed "amateur" relates to Cardinals action during their July swoon.

Tri City closed with strong run

Continued from Page 1B

care of short. "Jeff batted lead-off all year and hit .375," said McKeegan. "He's a valuable all-around player."

Shawn O'Dell, who played third, center, and caught, was solid, providing the coach with plenty of different lineup options.

"Shawn worked extremely hard and did anything we asked him to do," said McKeegan. "He's a very hard thrower, very versatile."

Phillip Reader, Joe Sheppard, Patrick McKeegan and Jamie Gavilsky also contributed to the strong team effort.

"We played every game close and had a lot of fun," said McKeegan. "They learned the game, fundamentals of baseball, and represented their community very well."

"I'm proud of them. Each and every one of them plays extremely hard."

Volleyball league draws many teams

Continued from Page 1B

"These kids make a commitment to show up every week. They work hard on their volleyball skills. I'm toying

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with the idea of adding a St. Louis team or two.

"As far as format, we pretty much keep it the same as high school volleyball, although you play three games, even though we play with a wild card. We keep track of games won, not matches. We use rally scoring in the third game on occasion. We try to keep running on schedule with two courts and start the first match at 5:30 or 9:30."

The summer league held its playoffs last week.

"Because we had an odd number of teams this year, we split each age division into two pools and the top two teams from each pool advanced," Gober said. "A wild-card team, with the next-best record, also advanced.

"That put five teams in our 'gold division' playoffs. The other teams had a one-time playoff to determine their final seeding."

Registrations taking place for Granite City Park leagues

Registration is underway for the Granite City Park men's, women's and coed softball leagues.

Deadline for registration is Aug. 21. League play begins Sept. 2. Men's and women play Tuesday and Thursday evenings; coed teams play Wednesday evenings and Saturday afternoons.

The cost is \$250. For more information, contact Ray Hoffman at the Wilson Park Office, 877-3059.

Flag football

The Granite City Park District has begun registration for the 1998 flag football.

Registration continues Aug. 8 at the Flag Football Complex and Aug. 10 at the Wilson Park Office. There is a \$10 fee for fitting for helmet and pads to be provided by the Park District. Registration times are 9:10 a.m. for grades 3-4; 11:15 a.m. for grades 5-6. Cost of program is \$27 for residents; \$38 for non-residents. Play begins Sept. 12. For information, call the Wilson Park Office at 877-3059.

Tennis tourney

The Granite City Park District will host an Invitational Tennis Tournament, sanctioned by the U.S. Tennis Association, Aug.

14-16 at the Wilson Park Tennis Courts. Registration begins Aug. 10 at the Wilson Park Office. Players may enter three events with entry fees of \$10 per player per singles event and \$10 per doubles event. Trophy will be awarded to the winner and runner-up in each event. Entry deadline is 5 p.m. Aug. 12.

Soccer camp

The Christian Soccer Camp, sponsored by Madison County Baptist Association, is Aug. 10-14 at the Wilson Park. Cost is \$125. Sessions are 9 a.m.-12 noon each day. Registration fee is \$10. For information, call 931-6222.

Golf tourney

The Tri-City Area YMCA 16th annual Golf Classic will be Saturday, Aug. 15 at the Legacy Golf Course in Granite City. Tee times begin at 10 a.m.

The cost for the four-person flighted scramble is \$80 per person and includes cart, refreshments and a steak dinner after the tournament. All proceeds support YMCA youth programs. For more information, call 876-7200.

YMCA officers

The Mississippi Valley Club Hockey Association, the governing body for high school

club hockey teams in the Metro East, has announced new officers for the 1998-99 season. On July 22, the MVCHA board of directors elected the following officers:

President: Joe Lebryk (Swansea).

First vice president: Steve Hemmer (Fayette Heights).

Second vice president: Carig Borch (O'Fallon).

Secretary: Debbie Vanderveen (Bethalto).

Acting treasurer: Phil Stack (Edwardsville).

will continue in this capacity until a new treasurer can be found.

The MVCHA has grown to include 20 high school club teams for the 1998-99 season. They are: Alton, Bellwood, Granite City, Edwardsville, Marquette, Roxana, Althoff, Belleville East, Belleville West, Cahokia, Collinsville, O'Fallon, Freeburg, Mascoutah, Triad, Waterloo, Highland, Jerseyville, Southwestern and Wood River.

Schrader to race at Tri-City Speedway; Gateway hosts muscle cars, motorcycles

The Late Models will make their only appearance at Tri-City Speedway tonight

when the NASCAR Busch All-Star Series competes in the eighth annual Hicks Oil/Quaker State Classic 50. The Midway will be open. Late Model drivers will get a chance to compete against one of the nation's most popular Winston Cup drivers, Ken Schrader. The St. Louis native will be racing in his third Busch All-Star Series race at the Tri-City half-mile.

The race marks a homecoming for Schrader, who raced his first Model around the Granite City oval every night beginning in 1975.

He has bettered the All-Star Series pros in 1990 and '91.

Also in the field are past winners Steve Kosiski (1995 and '97), Joe Kosiski (1993 and '94) and Steve Boley (1996). The field will also include Ray Goss, Mike Webb, Jay Johnson, Ed Kosiski and local favorite Ed Dixon.

Terry McClintock and Pat Ryan will continue their battle for the Midway Pro Stocks championship.

Gates open at 6 p.m. with time trials at 7 p.m. and racing at 8 p.m.

Reserve grandstand seats are \$20 and available by calling 314-469-9866.

General admission tickets are \$18 and students 15-and-under are \$5.

Gateway events

On Aug. 8-9, the lid gets blown off as the 200-mph Comp Cam Pro Stock machines of the National Muscle Car Association return as part of the Hot Rod Magazine Power Festival.

NMCA and Hot Rod have joined forces this year, and there will be one champion crowned in the Pro Street category. Last year, Pat Musi of Cateret, N.J., won his first NMCA title. This year, power titan Tony Christian of Sarasota, Fla., took the title in the Hot Rod points race.

More than \$150,000 in cash and contingencies will be on the line for the best Street and Nostalgia cars in the land competing in eight different categories, plus a full program of Pro and Super Pro bracket racing.

There will also be a Show-N-Shine competition, Swap Meet, Manufacturer's Midway, and People's Choice Awards given out during the show.

Gates open at 8 a.m. each day. Spectator admission is \$15 for adults, and \$5 for children 12-and-under.

The first August action will finish with a two-wheeled bang on Aug. 29-30, as the International Drag Bike Association conducts its first All-Motorcycle Weekend at Gateway.

More than 300 bikes, ranging from Street E.T. to the 190-mph F.I.T. Bikes and Pro Mod, will take their first crack at the Gateway strip, with such stars as Jon

Minnono, Billy Vose and Keith Lynn.

The weekend will also feature a Ride & Bike Show, CMV, a Swap Meet, a Wheeze Contest and a Performance Midway.

Gates open each day if the IDBA weekend at 8 a.m. with racing at 10 and eliminations starting Sunday at 1 p.m.

Spectator admission is \$20 per day, \$35 for a two-day pass. Children ages 6-12 get in for just \$5.

Further more information on the racing action at Gateway, call 482-2400.

Gateway results

Dennis Ramsey was the story at Gateway International Raceway this past weekend in the third annual Vortex Engineering Gateway Rumble.

Ramsey eclipsed Doug Mautrum's previous top-speed qualifying of 7.99 seconds during qualifying on Saturday, topping the Super Stallion Class with a 7.89.

On Sunday, Ramsey took his assault one step further, taking his '97 Mustang through the quarter mile in 1.89 seconds.

Ramsey, a Marquette (Fla.) native, even won the defeat defending Gateway Rumble champion Les Baer in the final. Ramsey ripped off a 7.86 at 176 miles per hour while Baer came in at 8.18 and 169 mph.

The Rumble Class was taken by Ken Moss of Lockport. Mark Payne of Steeleville.

Mo., won the Open competition. In the Pro ET Class, won by Evan Nothdruft of O'Fallon,

Granite City's Jason Phillips was a semifinalist in his '94 Mustang.

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Community calendar

Editor's note: The community calendar contains items for July 1-7 only. Weekly events run during the first and third weeks of the month only.

Church

GENERATION JESUS YOUTH GROUP, led by youth minister, meets 5:30 p.m. every Sunday at Nameoki United Methodist Church, 1900 Pontoon Roads.

JEWS EVERY THURSDAY (JETS), led by the music director, is for kids 3 to 11 years old. It meets from 7:15-8 p.m. Thursdays for music, Bible study and fun at Nameoki United Methodist Church, 20th and Delmar. Mom's Bible study and share group meets at the same time as JETS. For more information, call 877-4555.

TEMPLE BAPTIST CHURCH: Advent Club, after school activity for grades 4-6, meets 3:30-5 p.m. Tuesdays at the church, 1900 Harris St. For more information, call 452-0273.

Community

MITCHELLS FIRE PROTECTION DISTRICT 2, regular monthly board meeting is 7 p.m. the second Tuesday of each month at 5123 Maryville Road, 931-0521.

MADISON COMMUNITY ACTION GROUP meets at 7 p.m. every

Wednesday. For more information, call Dan at 452-2398 or Diane at 876-1360.

MADISON COUNTY GENEALOGICAL SOCIETY meets 7 p.m. the second Thursday of each month in Immanuel United Church, 800 N. Main, Edwardsville.

EDWARDSVILLE KENNEL CLUB meets 7:30 p.m. the second Thursday of each month in Hayes Mallory Community Building, 216 Crane St., Edwardsville. The meeting is open to public.

EAGLES AUXILIARY 1125 BINGO is at 6 p.m. every Sunday at the Nameoki Bingo Center. Also included will be a color raffle, 50/50 drawing, free games and other raffles.

Food-Nutrition

MEALS OF LOVE, sponsored by Madison County Baptist Association, free meals to anyone in need, 4:30-6 p.m. every Tuesday at Second Baptist Church, 21st and Illinois streets, Granite City. Everyone is welcome.

POLISH PIEROGI SALE, is held 9 a.m. to noon first Saturday of each month at St. Seraphim Polish National Catholic Church, 930 Reynolds, Madison. Seven varieties: cabbage, cheese, kraut, potato, sauerkraut, kielbasa, and sauerkraut. Pierogis only, \$6 per dozen. Cooked and ready to eat and eat. Also Chruszki and rosettes. Order

ahead by calling 876-5860, 876-3696, or 931-3367.

RESCUE MISSION food pantry is open from 9 a.m. to noon every Saturday, 1534 Fourth St. in Madison. Samuel Turner is the chairman, Valonda Turner is the secretary and Alfred Turner is the pastor.

ST. JOHN LUTHERAN CHURCH BOUNTY COOK BREAKFAST meets 8:11 a.m. the second Saturday of each month at 201 St. Clair Ave. Eggs, sausage, pancakes, bacon, home fries, gravy and jellies, coffee and orange juice are offered. Meals are \$4 for adults, \$2 for children. Call 451-7788 for more information.

Health-Exercise

BEMIS CHIROPRACTIC OFFERS FREE ELECTRO STIMULUS THERAPY from 9 a.m. to noon every Tuesday and Thursday at 3361 Fehling Road in Granite City. Call 876-2273 for more information.

TOPS 2363 meets 6:30 p.m. every Thursday in Anchorage Recreation Center, 2001 Edwards St. For more information, call Bobbie at 452-0273.

FREE SENIOR CITIZEN EXERCISE CLASS is held 9 a.m. every Thursday in Anchorage Recreation Center, 2001 Edwards St. For more information, call Bobbie at 452-0273.

TOPS 2048 meets at 6 p.m. every Monday at Melvin Price Support Center in Granite City. Call

876-2124.

TOPS IL 645 meets at 7 p.m. every Monday at the Anchorage Recreation Center, 2001 Edwards St. Granite City, 452-8102. Men and women welcome.

TOPS 1899 will meet at 6:45 p.m. every Tuesday in the Anchorage Recreation Center, 2001 Edwards St. Granite City, 452-2124 for more information. Men and women are welcome to attend.

TOPS IL 2417 meets at 6 p.m. every Tuesday in Calvary Lighthouse Church of God, 1205 W. Pontoon Road at 8:11 a.m. the second Friday of each month at 201 St. Clair Ave. Eggs, sausage, pancakes, bacon, home fries, gravy and jellies, coffee and orange juice are offered. Meals are \$4 for adults, \$2 for children. Call 451-7788 for more information, call Ann at 452-6102.

ST. ELIZABETH MEDICAL CENTER'S BEHAVIORAL HEALTH SYSTEM is presenting a talk entitled "All About Your Aging Parents" at 7:30 p.m. Aug. 11, Tammy Bowles, LPC, of the Behavioral Health System, will give tips for the behavioral problems of the elderly. Call 452-1100. The talk is free and open to the public. For more information or to register, call 798-3688.

MADISON COUNTY URBAN LEAGUE HEALTH CARE SERVICES offers the following each week at 501 Madison Ave. in Madison: Walk-in pregnancy testing and prescription refills, 10 a.m. to 3 p.m. Mondays; Family planning services, 9 a.m. to 1 p.m. Tuesdays; STD testing and treatment, 9 a.m. to 4:30 p.m. Wednesdays; and family planning services, 9 a.m. to 4:30 p.m. Call 452-5394 for appointments or more information.

Health-Exercise

KNIGHTS OF COLUMBUS, 3RD DEGREE meets at 7:30 p.m. the second Tuesday of each month, 4225 Old Alton Road, 877-4250.

KNIGHTS OF COLUMBUS, 4TH DEGREE, meets at 7:30 p.m. the third Tuesday of each month, 4225 Old Alton Road, 877-4250.

GRANITE CITY KIWANIS meet at 7:30 a.m. every Thursday at Shoney's.

Seniors

PONTOON BEACH SENIOR CITIZENS BINGO, 11:30 a.m. every Wednesday, 3510 Highway 111, Pontoon Beach.

FREE PARK ACRE SENIORS OF MADISON meets from 10 a.m. to noon every Thursday at 100 Hill St. (rear), Eagle Park Acres, Madison.

FREE SENIOR CITIZEN EXERCISE CLASS meets at 9 a.m. every Thursday, Anchorage Recreation Center, 2001 Edwards.

MEN'S FELLOWSHIP GROUP of Central Christian Church meets at 8:30 a.m. the second Wednesday of each month for breakfast and fellowship. For more information and location of meetings, call 931-2088.

NAVY WOMEN'S CLUBS OF AMERICA meet at 7:30 p.m. the second Thursday of each month at the Veterans of Foreign Wars Post in Granite City. Women, mothers, daughters, wives or sisters of former and present Navy, Marines, Coast Guard or Sea Bees are encouraged to join. For further information, call 931-2209 or 876-2209.

NATIONAL ASSOCIATION RETIRED FEDERAL EMPLOYEES meets at 11:30 a.m. the second Tuesday of each month, starting in September, at Charlie's restaurant. Lunch starts at 11:30, meeting afterwards. For information or reservations, call 452-3266.

SEWING QUILTERS meets from 9 a.m. to 2 p.m. every Thursday at the Social Center, 908 Thorngate Drive in Mitchell.

GRANITE CITY COMMUNITY BAND rehearsals are 7:30-9 p.m. every

Wednesday.

MEETINGS FOR SENIORS OF AMERICA meet at 10 a.m. the second Friday of each month at 100 Hill St. (rear), Eagle Park Acres, Madison.

HEREDITARY ATAXIA (a disorder of nerve cells in the spinal cord and cerebellum) SUPPORT GROUP meets the second and fourth Friday of each month. Call Curt Williams, 877-5172, for information.

STROKE SUPPORT GROUP, for patients, their families and caregivers, 6:30 p.m., second Wednesday of each month, in Pascal Hall, St. Elizabeth Medical Center. Refreshments are served. Call 798-3018 for more information.

PULMONARY SUPPORT GROUP, for persons with diagnosed lung condition, 11 a.m. to noon every Wednesday in 4-Doctors Solarium, St. Elizabeth Medical Center, 798-3019.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY will meet from 1 to 3 p.m. every Friday at St. Elizabeth Medical Center, Granite City, in the Milenki Room located in the basement. For more information call the DMDA office at (314) 776-3969.

NARCOTICS ANONYMOUS, Seeking recovery, 8 p.m. every Thursday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

NARCOTICS ANONYMOUS, Acceptance, 8 p.m. every Saturday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

NARCOTICS ANONYMOUS, Live the Steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

AL-ANON ADULT CHILDREN meets at 7 p.m. every Wednesday at St. Elizabeth Medical Center, 2100 Madison Avenue, in the Kettler Center Conference Room. Call 463-2429 for more information.

ALCOHOLICS ANONYMOUS, 8 p.m. every Wednesday, St. Elizabeth School's Noah's Ark Day Care, Pontoon Road, Granite City. Closed except for the last Wednesday of the month.

ALCOHOLICS ANONYMOUS, 11 a.m. and 8 p.m. every Thursday, and noon and 8 p.m. every Friday at 2116 Edison, Granite City, (600) 307-6600.

ALCOHOLICS ANONYMOUS, 6 p.m. every Thursday, in the Presbytarian Church, Mitchell, (600) 302-6600.

AL-ANON, 7 p.m. every Thursday, St. Elizabeth Medical Center, 2100 Madison Avenue, in the Kettler Center Day Care Room C. Call 463-2429.

ALCOHOLICS ANONYMOUS, 8 p.m. every Saturday and 1:30 and 8 p.m. every Sunday at 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m. every Sunday, St. Elizabeth Medical Center, Pontoon Road, Granite City, (800) 307-6600.

MULTIPLE SCLEROSIS SELF-HELP GROUP meets from 7 to 8 p.m., second Thursday of each month, in Pascal Hall at St. Elizabeth's Medical Center, 2100 Madison in the Kettler Center C Dayroom. For more information, call 463-2429.

SOUTHERN ILLINOIS DIVORCED AND SEPARATED CATHOLICS meet at 7:30 p.m. the second Friday of each month (September through May) at St. Boniface School, 120 S. Buchanan, Edwardsville, Call 465-1463.

HEREDITARY ATAXIA (a disorder of nerve cells in the spinal cord and cerebellum) SUPPORT GROUP meets the second and fourth Friday of each month. Call Curt Williams, 877-5172, for information.

STEMSS (Support Together for Emotions, Mental, Physical and Sobriety). A support group for people with a mental or physical abuse problem, meets monthly at 1:30 p.m. every Friday at Pascal Hall, St. Elizabeth Medical Center, Call 798-3004 for more information.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY will meet from 1 to 3 p.m. every Friday at St. Elizabeth Medical Center, Granite City, in the Milenki Room located in the basement. For more information call the DMDA office at (314) 776-3969.

NARCOTICS ANONYMOUS, Seeking recovery, 8 p.m. every Thursday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

NARCOTICS ANONYMOUS, Live the Steps, 8 p.m. every Sunday, 2016 Delmar Ave., 24-hour hot-line 398-9409.

See COMMUNITY, Page 6B

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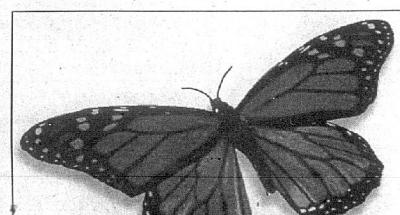
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2 to head MS Walk event here

Kathy Angle and Darletha Lester have been named chairpersons for the National Multiple Sclerosis Society's MS Walk in Granite City.

The walk will begin at 9 a.m. Sept. 19 in the Veterans Shelter 8 with a start at 8 a.m.

The MS Walk allows participants to spend a morning with their families, friends and co-workers while raising money for a great cause. With the help of the people of Granite City, the National MS Society will raise more than \$325,000 this year at the walk.

Walkers collect pledges to raise money to fulfill the mission of the National Multiple Sclerosis Society — to end the devastating effects of MS.

This is Lester's second year to chair the Granite City Walk. Her sister, Kathy, a National MS employee, and National MS Society will join the volunteer walk effort for the first time.

"Kathy and Darletha are both valuable volunteers, and they are instrumental to making the MS Walk in Granite City a success," said Kelly Turner, community development coordinator for the Gateway Chapter.

For more information about Granite City Walk, call Lester at 877-3338 or Angle at 451-5138. To find out about MS or to register for the MS Walk, call the National Multiple Sclerosis Society at (314) 781-9020 or 1-800-FIGHT-MS.

Multiple sclerosis is a chronic, often disabling disease of the central nervous system. Symptoms may be mild, such as numbness in the limbs, or severe, such as paralysis of loss vision.

Most people with MS are diagnosed between the ages of 20 and 40, but the unpredictable physical and emotional effects can be lifelong.

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Community calendar

Continued from Page 5B

CHEMICAL DEPENDENCY RELAPSE PREVENTION group meets from 6:30 p.m. every Monday at the Edwardsville Health Center, 1124 University Street, Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3088.

NEGLECTED VICTIMS OF CHILD ABUSE, a support group for non-neglecting parents of victims, meets from 6 to 7:30 p.m. every Monday at Southern Illinois University's Edwardsville's Rape and Sexual Abuse Care Center. Call 692-2197 for details.

BETTER BREATHERS, support group of those with chronic lung condition, 1 p.m. the second Tuesday of each month Pascal Hall, St. Elizabeth Medical Center. Call 798-3118.

MASTECTOMY SUPPORT GROUP, 7 to 8 p.m. Pascal Hall, main level, St. Elizabeth Medical Center, second Tuesday of each month, 798-3510.

SINGLES CONNECTION events for the week of Aug. 5-11 are: Time for game night, 7 p.m. Wednesday. Bring games and cards to IM's in Edwardsville. Call 656-1731. Listen to the Edwardsville Muny Band starting at 7:30 p.m. Thursday, in Edwardsville Municipal City Park. Bring a picnic blanket. Bring a lawn chair or blanket. Call Felix, 656-2063. Meet at 7 p.m. Friday for happy hour at the Highland Restaurant in Highland. For directions and to RSVP, call John M., 654-5072. Meet at 5 p.m. Saturday at Collinsville.



Cooling off

Residents enjoy the lazy days of summer at Wilson Park. Clockwise, from top, Heather Greive, 10, and Tonia Champion, 19, both from Granite City, talk it over; Brian Melson, 17, of Granite City and Nathan McMillen, 4, of Maryville look for spots to dive in; Corie Shumate, 15, of Springfield flips over the pool.

K-Mart is purposed to Ozzie's restaurant sports bar at Westport. RSVP to Lee H. by Aug. 6, 656-0323. Meet at 7 p.m. Tuesday at the Edwardsville YMCA Esic Drive 101, Westport. Bring a lawn chair with a softer ball. Cost is \$3 for 2 1/2 hours of play. Call Paul, 332-7731 for more information.

ALCOHOLICS ANONYMOUS (women only), 8 p.m., every Tuesday, Presbyterian Church, Mitchell, (800) 307-6800.

ALCOHOLICS ANONYMOUS, 8 p.m., every Tuesday, St. John United Church, 2901 Nameoki Road, Granite City, 692-8078.

AL-ANON, 8 p.m., every Tuesday, St. John United Church, 2901 Nameoki Road, Granite City, 692-8078.

THE CIRCLE OF HOPE, a 12-step

healing program for anyone whose life is affected by HIV infection meets at 7 p.m. every Tuesday at the Second House on 66th Street in Belleville. For more information, call 234-0291.

NARCOTICS ANONYMOUS, Path to Recovery, 8 p.m., every Tuesday, 2016 Delmar Ave., 24-hour hotline 398-9409.

THE COMPASSIONATE FRIENDS, Madison County group meets 7:30 p.m. Aug. 7, on the second floor of the Wood River Library on Ferguson and Third Streets. The Compassionate Friends is a self-help organization offering understanding, support and education to bereaved parents and their families. For more information, call Marc Wildman, 377-8574, or Jean Luchefeld at 888-2822.

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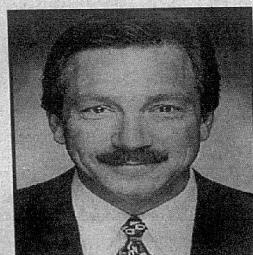
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Marri

The following is an issue of the Clair County Clerks George Alley Jr. and Tom, both of East St. Tam, Bill, and another, both of Alton. Justin Cahill, Michael, both of St. Jim Dong, and Al O'Fallon, and Richard Duff and Bernain, both of East



StarQuies
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Marriage licenses

The following marriage licenses were issued at the St. Clair County Clerk's Office: George Allen Jr. and Carolyn Colton, both of East St. Louis; Tammy Bell and Rosetta Walker, both of Alorton; Justin Cahill and Kristina McCall, both of Summerfield; Justin Cahill and Kristina McCall, both of East St. Louis; Jin Dong and Aida Tjiong, both of O'Fallon; Richard Duff and Debra Chamberlain, both of Edgemont.

James Flips and Carrie Campo, both of Alorton; Brian French and Teresa Duncan, both of Belleville; John Goleamer and Erin Gilchrist, both of Granite City; Matthew Haag and Lori Marion, both of Millstadt; Jim Hough Jr. and Rebecca Voiles, both of Swansea; Clarence Harmon and Carole Kindred, both of St. Louis; Michael Hayden and Tabatha

Toloczy, both of Collinsville; Brian Hayes and Jennifer Rittenhouse, both of Lebanon; James Hinson Sr. and Michelle Dillie, both of Collinsville; Timothy Jaszcak of Fargo, N.D., and Timothy Erdanson of Belleville; Alan Jolly of North Woods, Mo., and Alicia Ashford of Fairview Heights; Thomas Lewis and Kristina Sowinski, both of Freeburg; David Mason and Barbara Shaw, both of Belleville; Michael Nunez of Granite City and Kathy Wolf of Fairmont City; Frederick Nunez of Fairmont City and Crystalann Ward of Belleville; Gregory Rigby of East St. Louis and Debra Williams of Madison; David and Linda Schaefer of Alton; Hall, both of Washington Park; Kevin Kingsley of East St. Louis and Deborah Barlock of Glen Carbon; Darnell Leatherwood and Tasha Hicks, both of Washington Park.

Vacation Bible School at Peace Church

Peace Church

Invites children age 3 through grade 6 to join **StarQuest: A Galactic Good News Adventure**! Get ready for a galactic experience that is definitely out-of-this-world! Each day includes an exciting worship rally where we will celebrate the good news of Jesus Christ! Each day will be packed full of fun Bible-learning activities, great snacks, music, and crafts. We hope every child in our community will be part of this great Vacation Bible School event!

StarQuest: A Galactic Good News Adventure™
Will be held at Peace Church
3725 Horseshoe Lake Rd, Granite City, IL
August 10-15.
6:30 P.M. - 8:35 P.M.
For more information call 618-797-9877

Area ISU alumni sought for event

Indiana State University will host a Sycamore Send-Off at 2 p.m. Aug. 15 in Edwardsville for alumni in the area. Special guests will be recent high school graduates who have enrolled or plan to enroll at ISU for the fall semester.

The gathering will take place at the home of Keith and Peggy Dickey, 33 Glen Alpine in Edwardsville. To make reservations, call 656-1975.



Those attending the reunion included, at top, from left, front row, Forest Wilmouth, Pete Harlan; second row, Bob Planitz, Wenfred Beck, Robert Nash and John Roberson; middle, from left, Charles Warren, Mel Kombrink and Darlene Kombrink; bottom, from left, Chris Warren, Ruth Nicholas, Verka Lindner, Ollie Derr and Norma Buchheim.

Group holds reunion

The former Granite City Engineer Depot held its annual reunion June 13.

The combined maintenance division sponsored the event. Oliver Derr was master of ceremonies. Verka Lindner presented a prayer, and John Roberson led the group in unison for the Pledge of Allegiance.

Lindner and Derr gave a candlelight ceremony for the deceased members.

A buffet lunch was served to 50 co-workers by Charlie's Restaurant.

After lunch, attendance prizes were awarded to Dixie Steffler, Richard Thumm, Lawrence Barnhart, Betty Edwards, Frank Clark, Wenfred Beck, Ralph Forys, Jerry Sizemore and Charles Warren. Guests went to Mary Nash and Ruth Nicholas.

Committee members for the event were James and JoAnn Dickey, Clarence and Frances Hoppe, Roberson, Norma Buchheim, Lindner, Marge Eck and Derr.



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To receive your free copy of the Bridal Planner simply fill out the form below and take it to your local Suburban Journals office (call 314/821-1110 for the nearest office), or mail it to: Bridal Planner, 1714 Deer Tracks Trail, St. Louis, MO 63131. (For mail in requests please allow 3-6 weeks for delivery.)

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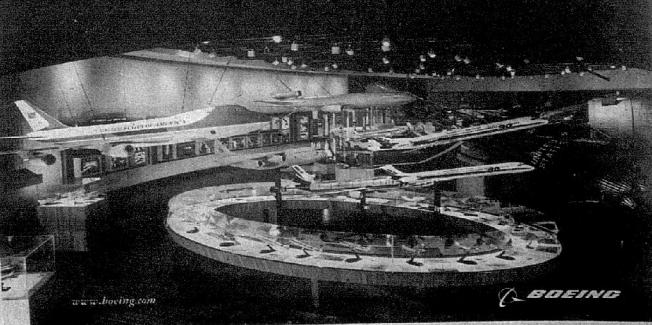
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'... and I have my crafters.'

"I have volunteers to help with the church services."

Volunteers who go along on field trips and lend a hand with the wheelchairs.

People that help with the monthly parties and play the piano.

Volunteers who help the residents with bingo.

And I have my crafters."

Dorothy Myers
Activities director



COLUMBIA
Convalescent
Center



Shirley Kocher photos

Joan Zoeller, a regular volunteer as a Monday crafter, works on some special projects for Father's Day. Completed crafts these volunteers make are either sold or used for table centerpieces during special events.

Volunteers mean world at Convalescent Center

By Shirley Kocher
Correspondent

The Columbia Convalescent Center has a great group of volunteers, according to Dorothy Myers, activities director for the center, and she said she could not plan all the programs for the residents if it weren't for the volunteers.

"I can come up with lots of ideas, but that's dependent on my staff and my volunteers to put it all together," Myers said. "They are all very talented."

According to Myers, the nursing staff, an application a person can choose what they want to volunteer for — matching interests, talents and

skills to the program.

"I have volunteers to help with the church services," she said. "Volunteers who go along on field trips and lend a hand with the wheelchairs. People that help with the monthly parties and play the piano. Volunteers who help the residents with bingo. And I have my crafters."

On any day of the week, visitors to the nursing home can see these dedicated people putting their skills to work.

And those who happen to visit from 10 a.m. to 1 p.m. Monday will hear the laughter and camaraderie shared by the crafters. They jokingly call the small room "Dorothy's Sweat Shop."

and inform everyone they must have an ironclad excuse for not showing up. Needless to say, these women enjoy what they do.

The crafters these volunteers make we either sell or use for our centerpieces on the tables during our special events, Myers said. "We try to display crafts in the room, and by the first of June, we want to be worn when the center's Red Bandana Band performs at the Veterans Nursing Home in St. Louis. "I've been a volunteer here for 4 1/2 years," Myers said. "Since the day my mother walked in."

Other crafters included Joan Zoeller, Florence Farmer, Jo Ann Riebeling and Lil Kopec, who were busily painting and constructing the wooden fishermen, cows and angels. Painted lighthouses sat on a table behind them, the centerpieces for the upcoming Father's Day nautical-theme program.

"I also have organizations that volunteer here," Myers said. "The American Legion, the Catholic church and the VFW from Millstadt all help with bingo on various nights. The Knights of Columbus help us with our Las Vegas Night, and our annual fall dinner. The men from this organization dress up in their tuxedos and help seat the residents. Every one has such a good time."

Other volunteers are Marty Haglund and his wife, who can play the piano and the M & N Band of Richard Miller and Wilbert Nottmeyer makes a monthly visit.

Persons interested in volunteering may call Myers at the Columbia Convalescent Center, 281-6300.



Martha Haglund plays the piano at the center every Friday and has become a highlight of many residents' week.



Monday crafters Jo Ann Riebeling and Lil Kopec work in "Dorothy's Sweat Shop."

Business

Business responds to challenge for jobs

By Thomas J. Donohue
Now that summer is here and school is out, across America are looking for summer jobs, and businesses across the country are looking for young, energetic workers. Yet there are millions of youth for whom obtaining a summer job is difficult.

But American business has responded to the challenge. In February, the U.S. Chamber of Commerce teamed up with a new organization, America's Promise—an alliance for Youth, headed by Gen. Colin Powell.

After leading his country in war, Powell now is pursuing a mission every bit as important to our future: Providing 15 million at-risk youth with the tools, the training, the hope and the inspiration they need to build a promising future.

It was clear to the chamber that American business could do some of the heavy lifting needed to make Powell's newest mission a success by helping give young people marketable skills.

That's why the chamber asked its 3.5 million members of the U.S. Chamber federation to hire at least one student for the summer. The chamber knew it was all planned and enormous strides could be made toward the goal of preparing these young people for the workforce of tomorrow.

Already American business has stepped up to the plate. America's Promise has gotten a wonderful response from its corporate partners, millions of dollars in donations and millions of volunteer hours.

But it's not just the big guys. The chamber's support of America's Promise has alerted smaller companies to the program's existence. There also has been an increasing outpouring of support from small enterprises across the nation as some businesses expand their current training programs and others start a new program. The following is from a small firm in Delano, Minn.:

"Our firm is making a commitment to hiring students for the summer of 1998 and has hired students in the past years. We are a small business with 25-30 employees during the summer, three of which will be students working full time. We find this program is valuable in many ways, from teaching the youth to having skilled labor return the following year during our busy season. We applaud the U.S. Chamber of Commerce for joining with America's Promise—the Alliance for Youth."

From a company in Colton, Calif.: "We are a southern California company with more than 100 employees and are committed to our community. We will employ three students this coming summer."

From a construction company in Bayard, Neb.: "We are a small company with only 16 employees, and

we've only been in business for one year. Last year when we started out, we found that hiring a high school student to help with sales and appointment-setting worked so well, that this year we are hiring that student back, and we are hiring three additional students for this summer. It is not only helping the youths by getting them ready to join the workforce, but it might help the retention in our small rural community."

This is just a sample of the many letters received. The chamber would like to thank all the businesses that have volunteered to be in this program and urge other companies to consider joining.

In a day when workers are in short supply, business needs to beat the bushes to find good workers. More importantly, business needs to look for initiative in training them.

Helping to fulfill America's Promise showcases the incredible abilities of American business to do good by doing well. Well done, and keep it up!

Thomas J. Donohue is president and chief executive officer of the U.S. Chamber of Commerce.

Some changes could be warning signs

A change of pace, a change of scenery, a change in the weather—some changes are good for you, others are not so welcome.

How do you decide whether a change is good or bad? With investment management, it's important to watch what you own—for sure enough, all investments experience change. Being aware of and monitoring those changes is the best way to determine whether they are good or bad.

There are some investment changes you should watch. The examples apply to mutual funds, however, these types of changes also occur with individual stocks and bonds.

A sudden change in management—Management changes are commonplace with mutual funds. Change is no cause for panic, but it is a reason to watch. Learn about the new manager. Are you comfortable with his or her experiences or philosophies?

The new manager may be as good as or even better than the previous one.

When a well-known, successful manager left one of America's biggest growth-and-income funds, he was replaced by someone who previously managed a company's money counter fund. The new manager had an excellent reputation. OTC stocks, however, are not the same as the fund's predominantly



Jeff Prosser

growth-and-income portfolio.

This may not have been a reasonable justification, but it certainly was cause to watch. When the new manager left a year later, the picture became more complex and warranted an even closer look.

The sudden change in mutual fund management is a reason to consider funds that have successfully used team management for years. Each team member manages a portion of the portfolio. If one leaves, the integrity of the entire fund is not compromised.

Change of ownership—It's not uncommon for entire mutual fund groups or companies to be absorbed by others. When this happens, do your homework on the new owner. Make sure its investment objectives agree with your needs.

An unusual rise or fall in a fund's total assets—A significant drop in assets beyond normal changes in market value could be a sign

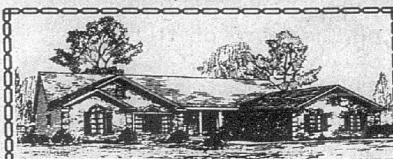
of lower investment confidence or mismanagement. An unusual rise in assets could handicap a manager in meeting a fund's objective.

For example, a fund with a primary objective of investing in small companies primed for growth might find it hard to meet this objective should the fund quintuple in size. It now may be an excellent growth fund, but the original objective of maximum gain may no longer be possible.

Change is a part of life and a part of investing. Some changes are good, while others are bad. Successful investors try to find opportunity in change. When there's no opportunity to be found, it may be time for the investor to make a change.

Jeff Prosser is an investment representative with Edward Jones in Granite City.

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McReynolds joins CHS directors

Dr. Janet McReynolds, associate vice chancellor for student affairs at Southern Illinois University at Edwardsville, has joined Chestnut Health Systems' board of directors.

Chestnut provides chemical dependency and mental health services out of treatment centers in Alton, Collinsville, Granite City, Edwardsville, Maryville, and central Illinois.

McReynolds has been teaching at SIU since 1977. She has served in her current position since 1996. From 1984-96 she served as assistant to the president and as president for academic affairs, and before that as the coordinator of curriculum and research in the Academic Resource Center.

McReynolds has been the vice president of Racial Harmony since 1992. She helped develop a Human Relations Orientation, a series of orientation for residents of the communities in Madison and St. Clair counties.

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